



# Current Management to Maintain Bone Health in Cancer Patients

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# RANKL-RANK-OPG Signaling Pathway

- **RANKL**

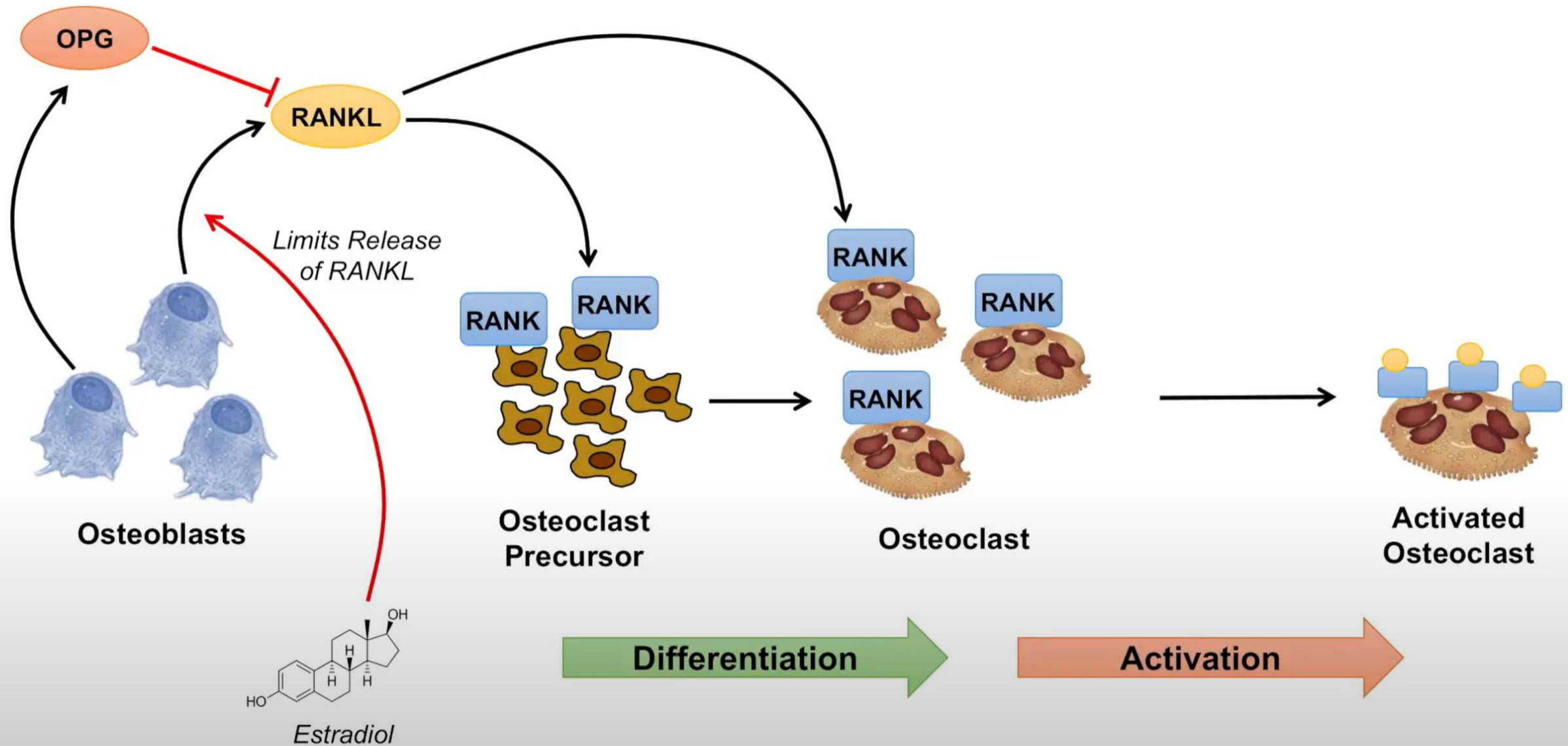
- Receptor activator of nuclear factor kappa-B ligand
- Expressed by *osteoblasts*
- Plays an important osteoclast **formation**, **function** and **survival**

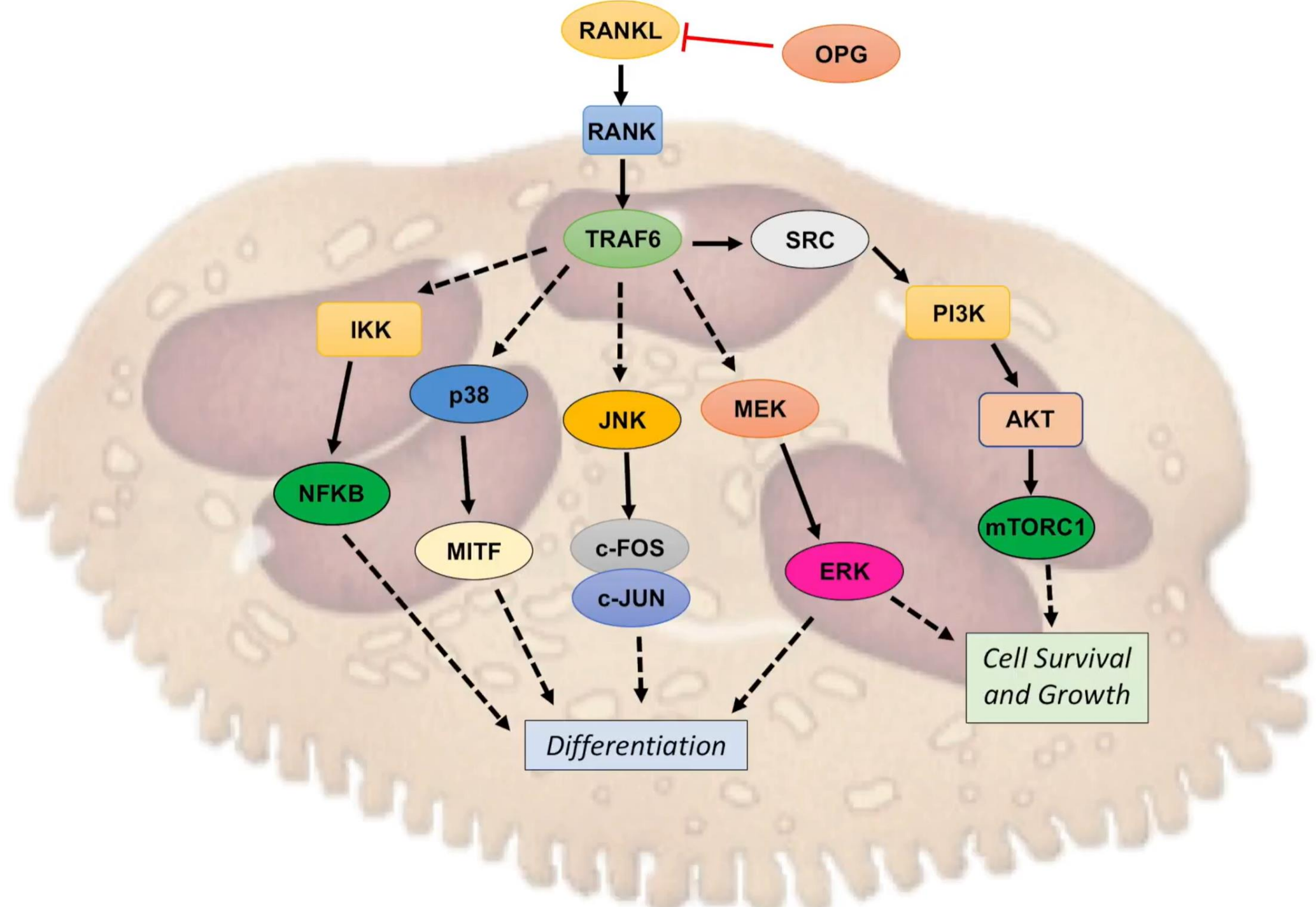
- **RANK**

- Receptor activator of nuclear factor kappa-B
- Located on *osteoclast precursors* and *mature osteoclasts*

- **OPG**

- Osteoprotegerin
- Binds to and ***inhibits*** RANKL
- Expressed by *osteoblasts* and other tissues including spleen, bone marrow, heart, liver and kidneys
- **Protective** against bone loss







# Bone Events Defined

## ■ **Skeletal Related Event (SRE)**

- ❑ Radiation to bone
- ❑ Pathologic fracture
- ❑ Surgery to bone
- ❑ Spinal cord compression
- ❑ Hypercalcemia of malignancy

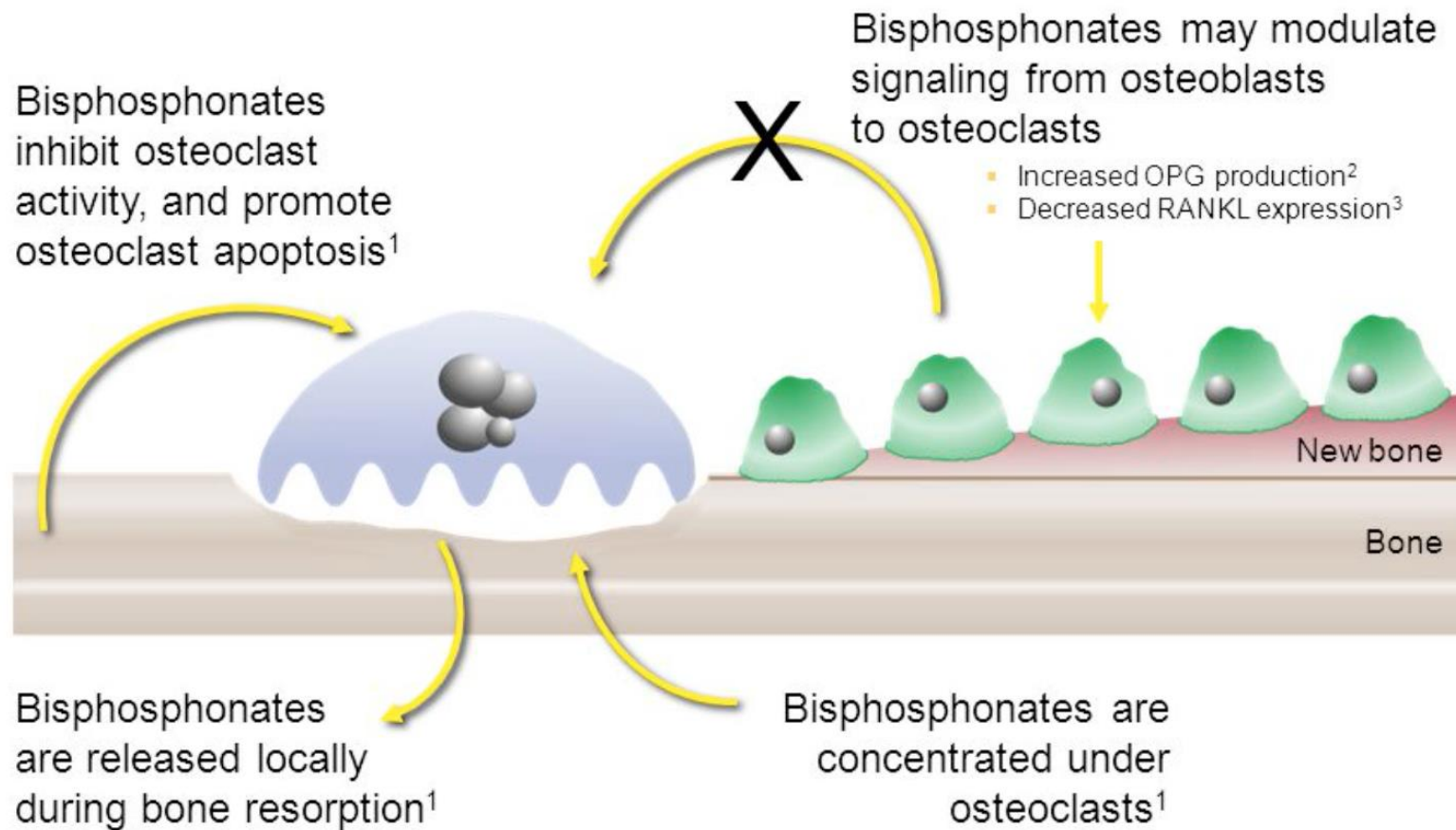
## ■ **Symptomatic Skeletal Event (SSE)**

- ❑ EBRT to relieve skeletal symptoms
- ❑ **New symptomatic pathologic bone fracture**
- ❑ Occurrence of spinal cord compression
- ❑ Tumor-related orthopedic surgical intervention

# Bone Targeting Agents (BTA)

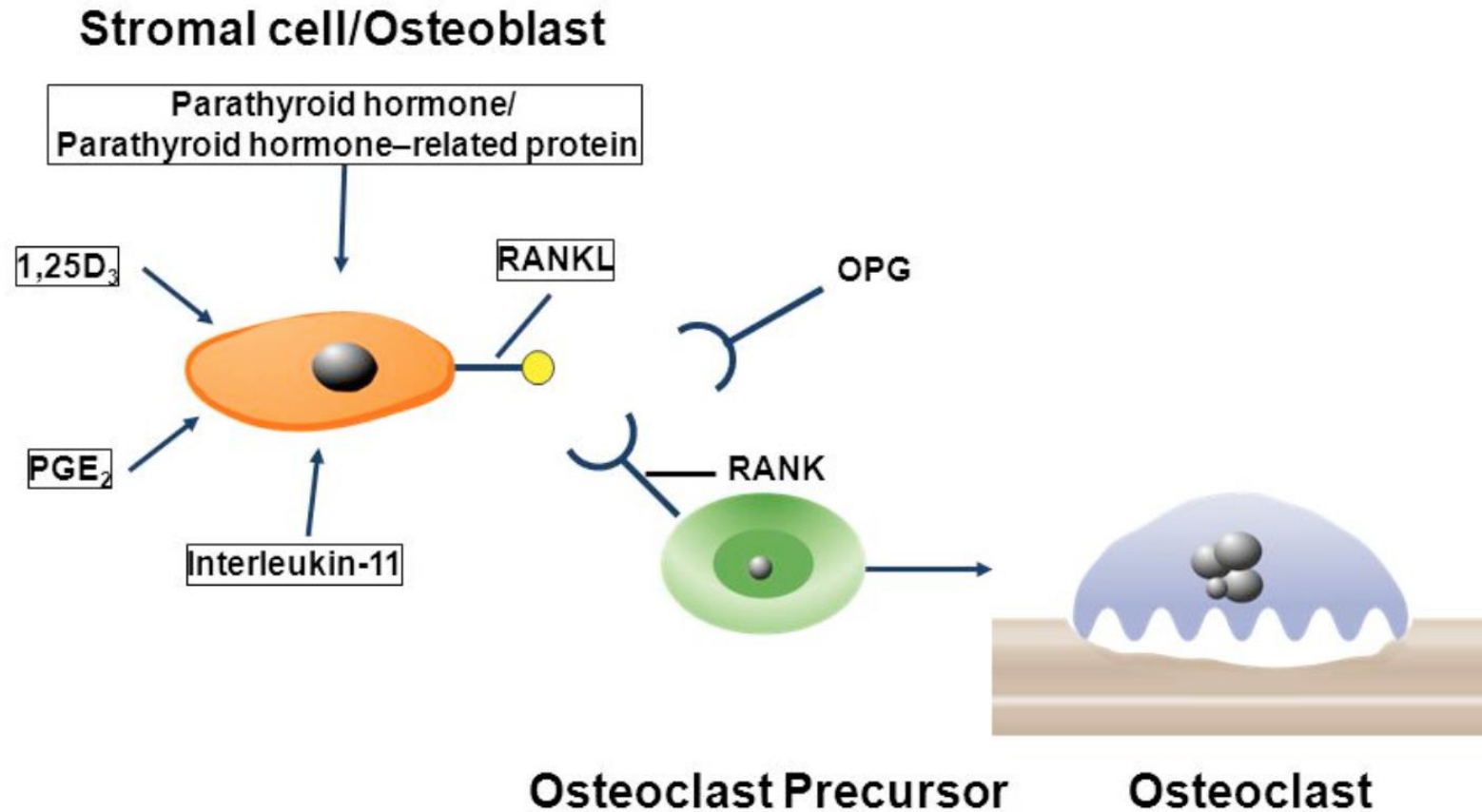
- Bisphosphonates
  - Stimulate osteoclast apoptosis
  - For treatment of HCM and patients with MM and patients with documented bone metastasis from solid tumors, in conjunction with standard antineoplastic therapy
- Denosumab
  - monoclonal antibody that binds avidly to RANK
  - For prevention of SREs in patients with bone metastasis from solid tumors

# Mechanism of Bisphosphonate Inhibition of Osteoclast Activity



1. Reszka AA, Rodan GA. *Curr Rheumatol Rep*. 2003;5:65-74. 2. Viereck V et al. *Biochem Biophys Res Commun*. 2002;291:680-686. 3. Pan B et al. *J Bone Miner Res*. 2004;19:147-154.

# Receptor Activator of Nuclear Factor $\kappa$ B Ligand (RANKL) and osteoprotegerin (OPG)



Derived from Roodman GD. *N Engl J Med*. 2004;350:1655-1664.



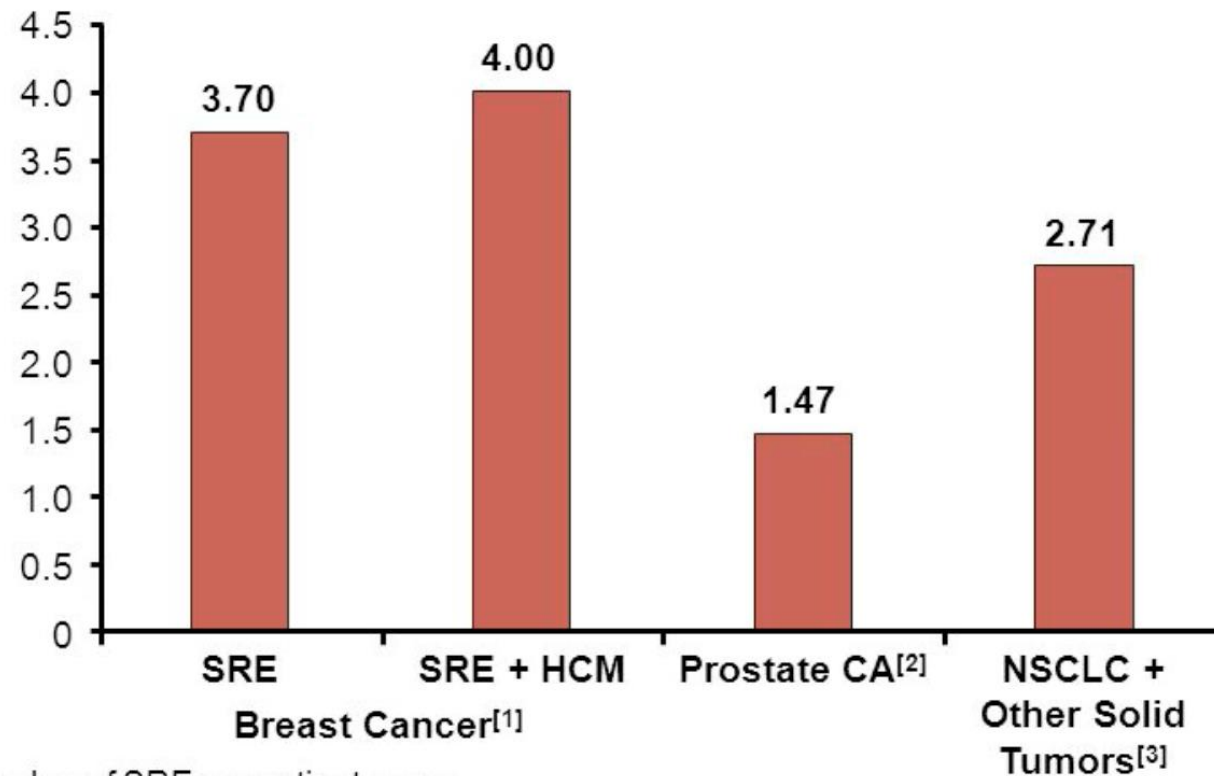
# Breast Cancer



# The Natural History of Bone Metastasis in Breast Cancer

- Pathologic fracture is the most common SRE in patients with breast cancer
- Median onset is 11 mos from initial diagnosis of bone metastases
- ~ 20% develop hypercalcemia after a median of 14 mos
- ~ 10% develop cord compression after a median of 17 mos

# Untreated Patients Experience Multiple SREs



\*Mean number of SRE per patient per yr.

1. Lipton A, et al. Cancer. 2000;88:1082-1090. 2. Saad F. Clin Prostate Cancer. 2005;4:31-37.  
3. Rosen LS, et al. Cancer. 2004;100:2613-2621.

# FDA- Approved Agents for prevent of SREs in Metastatic Breast Cancer

Agent	Drug Class	Recommended Dose and Schedule
Zoledronic acid	Bisphosphonate	4 mg IV q3-4w
Pamidronate	Bisphosphonate	90 mg IV q3-4w
Denosumab	RANKL-targeted MAb	120 mg SQ q4w

- Both ASCO and NCCN recommend all 3 agents<sup>[1,2]</sup>
  - No agent recommended over another

1. Van Poznak CH, et al. J Clin Oncol. 2011;29;1221-1227.
2. NCCN. Clinical practice guidelines in oncology: breast cancer

# Bisphosphonates Reduce SREs in Breast cancer

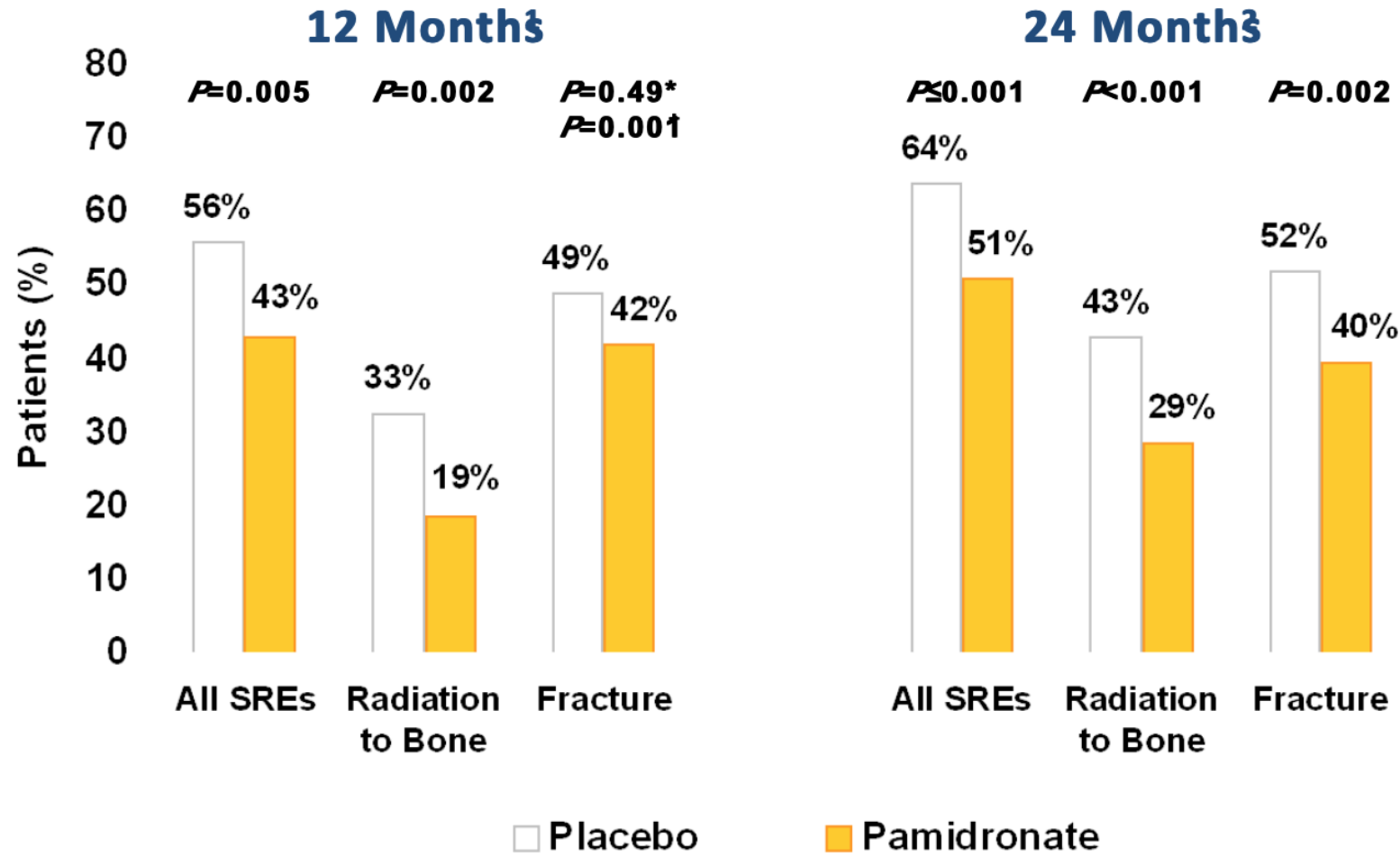
Study	Treatment Duration, Mos	Patients With SRE, %	P Value
Lipton et al <sup>[1]*</sup>	24		
▪ Placebo		64	< .001
▪ Pamidronate		51	
Rosen et al <sup>[2]</sup>	24		
▪ Pamidronate		49	NS
▪ Zoledronic acid		46	
Kohno et al <sup>[3]</sup>	12		
▪ Placebo		50	.003
▪ Zoledronic acid		30	

\*Includes HCM.

1. Lipton A, et al. Cancer. 2000;88:1082-1090. 2. Rosen LS, et al. Cancer. 2003;98:1735-1744.

3. Kohno N, et al. J Clin Oncol. 2005;23:3314-3321.

# Proportion of Breast Cancer Patients Having Skeletal-Related Events (SREs) With Pamidronate

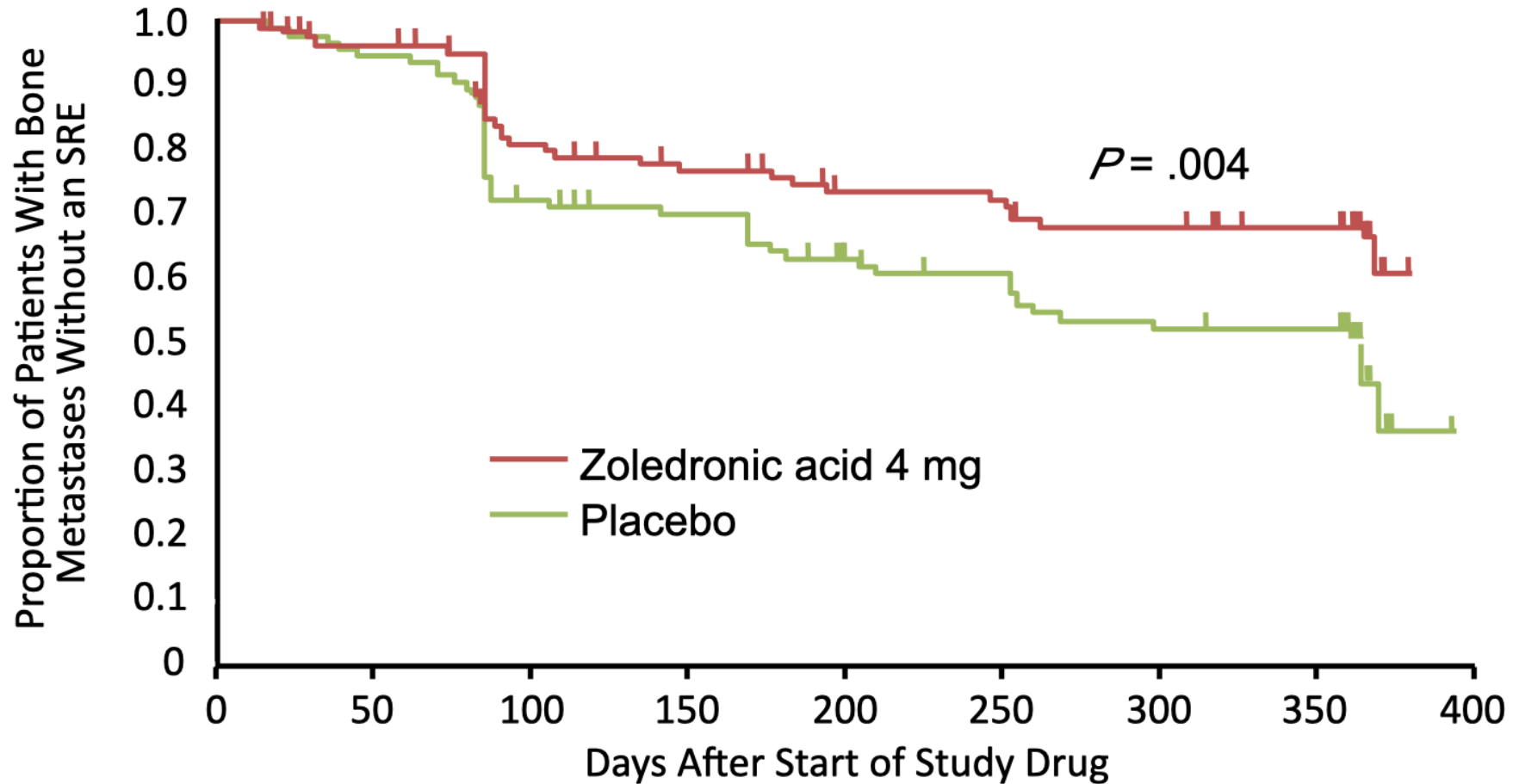


\* $P=0.49$  for nonvertebral fracture;  $^\dagger P=0.001$  for vertebral fracture.

1. Hortobagyi GN et al. *N Engl J Med*. 1996;335:1785-1791. 2. Lipton A et al. *Cancer*. 2000;88:1082-1090.

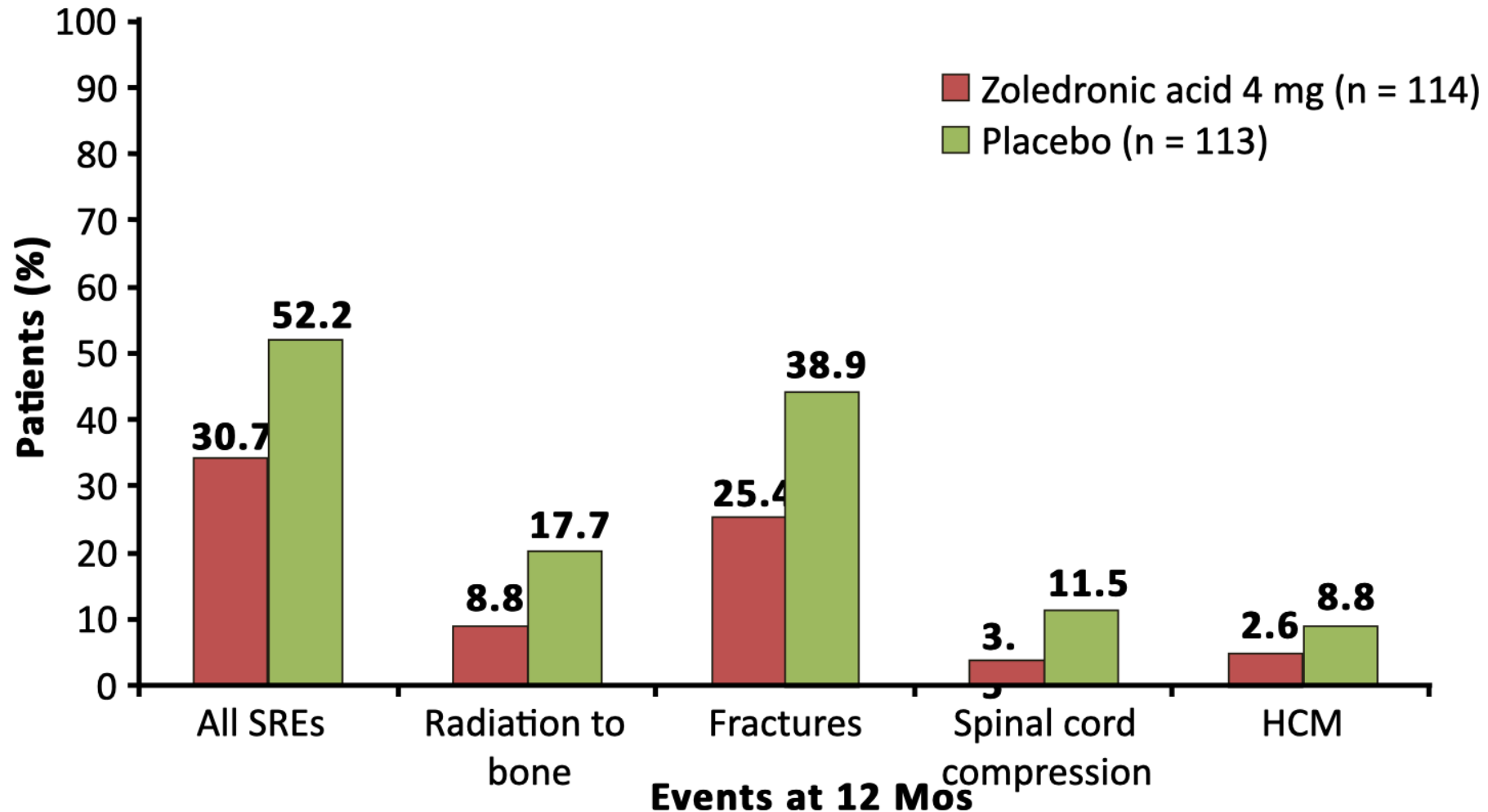


# Zoledronic Acid Significantly Delays Time to First SRE Compared With Placebo

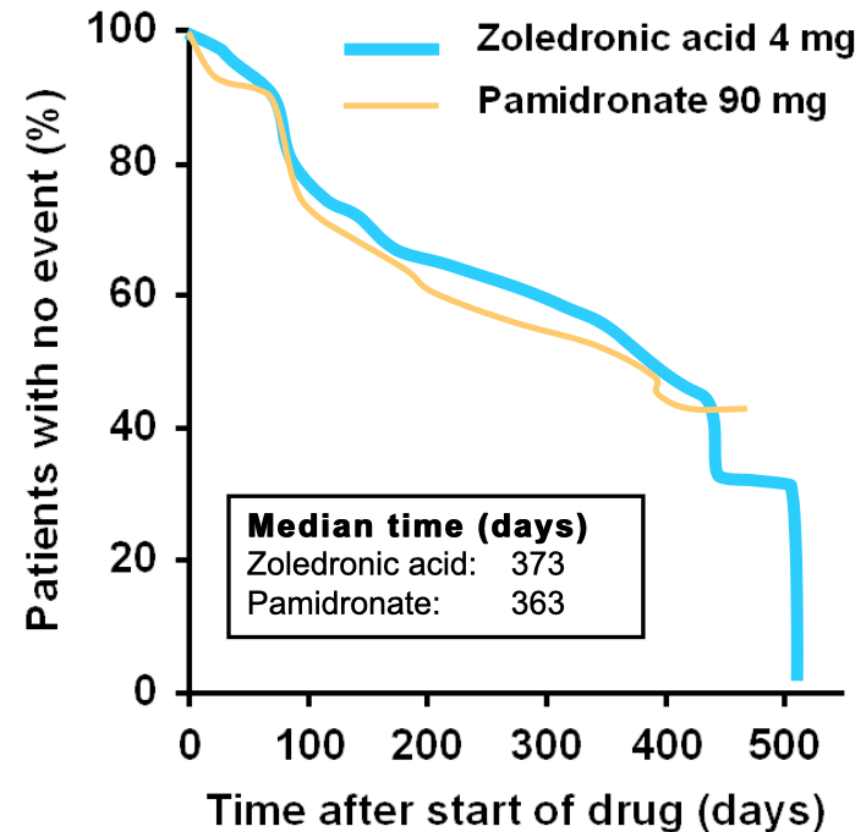
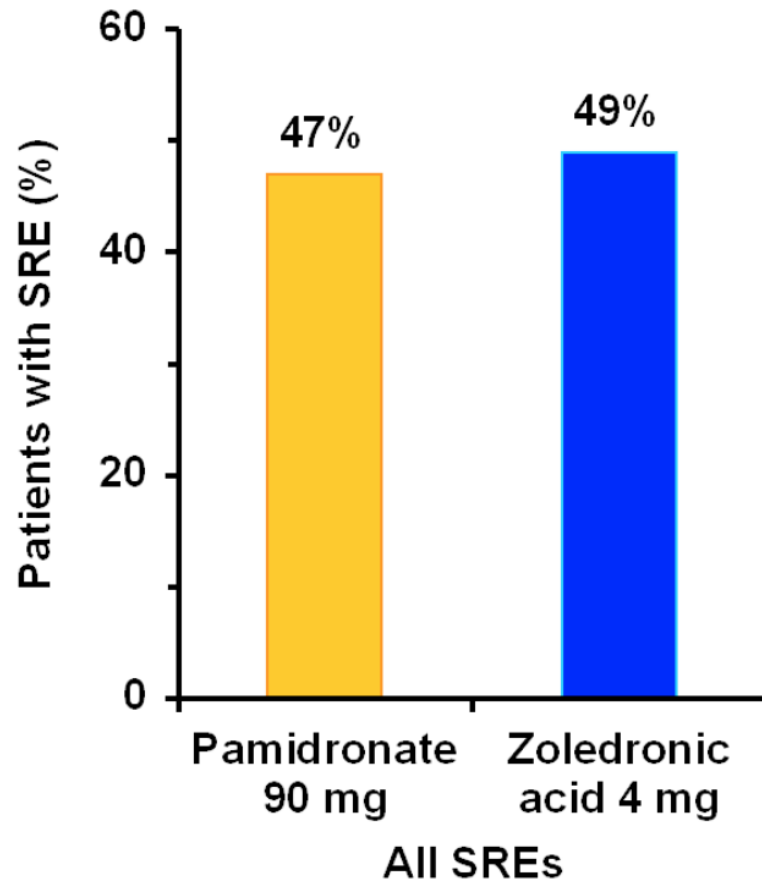


Kohno N, et al. SABCS 2004. Abstract 3060. Kohno N, et al. J Clin Oncol. 2005;23:3314-3321. Reprinted with permission.

# Zoledronic Acid vs Placebo in Stage IV Breast Cancer With Bone Metastases



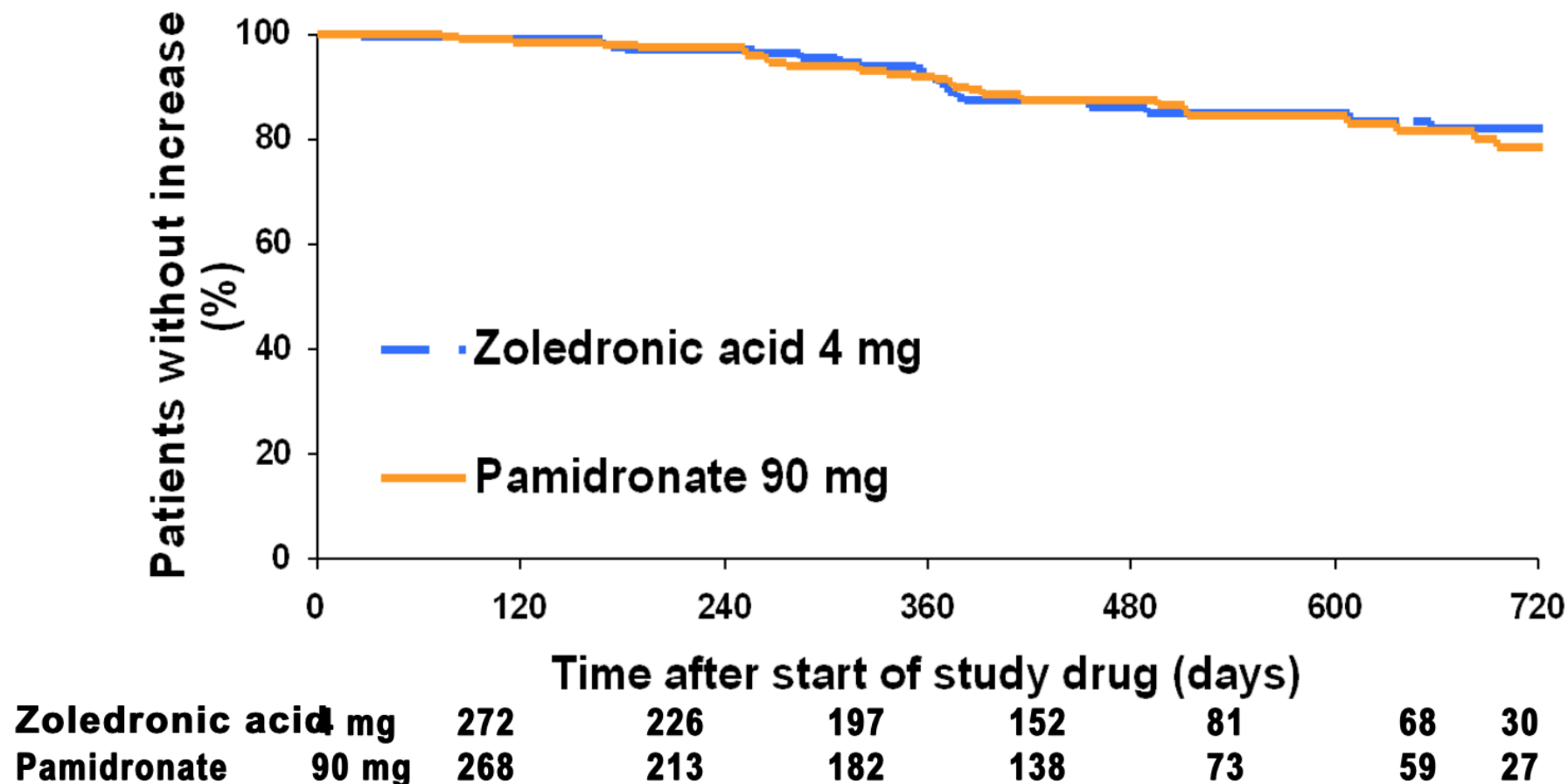
# Zoledronic Acid and Pamidronate in Breast Cancer and Multiple Myeloma Patients With Bone Metastases: 13-Month Data



SREs=skeletal-related events.

Adapted with permission from Rosen LS et al. *Cancer J.* 2001;7:377-387.

# Renal Profile of Pamidronate and Zoledronic Acid in Patients With Metastatic Breast Cancer or Multiple Myeloma



**\*Post-15-minute infusion amendment.**

### 3 Identical International, Randomized, Double-Blind, Active-Controlled Trials

#### Enrollment Criteria

- Adults with breast, prostate, or other solid tumors and bone metastases or multiple myeloma
- No current or previous IV bisphosphonate administration for treatment of bone metastases

**Denosumab 120 mg SC and Placebo IV\***  
q4w (n = 2862)

**Supplemental Calcium and  
Vitamin D Recommended**

**Zoledronic Acid 4 mg IV\* and Placebo SC**  
q4w (n = 2861)

#### 1° Endpoint

- Time to first on-study SRE (noninferiority)

#### 2° Endpoints

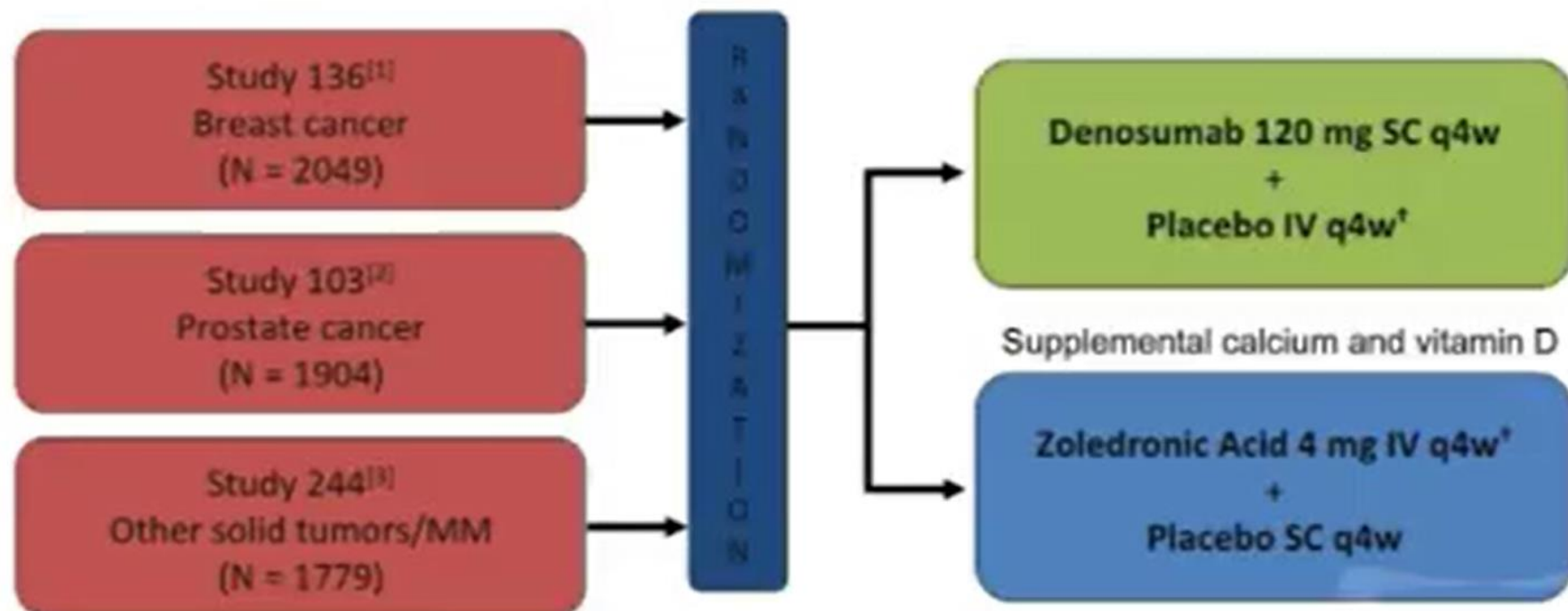
- Time to first on-study SRE (superiority)
- Time to first and subsequent on-study SRE (superiority)

\*Per protocol and zoledronic acid label, IV product dose adjusted for baseline creatinine.



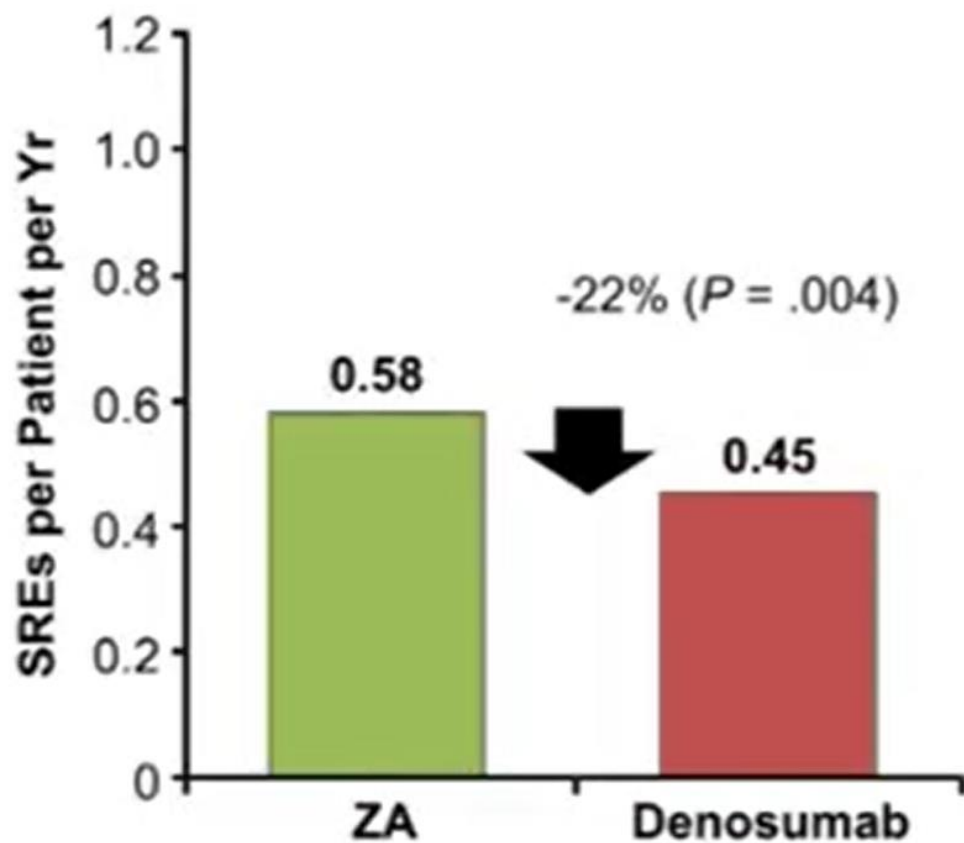
# Denosumab vs Zoledronic Acid Pivotal Phase III SRE Prevention Trials

In total, > 5700 patients with bone metastases

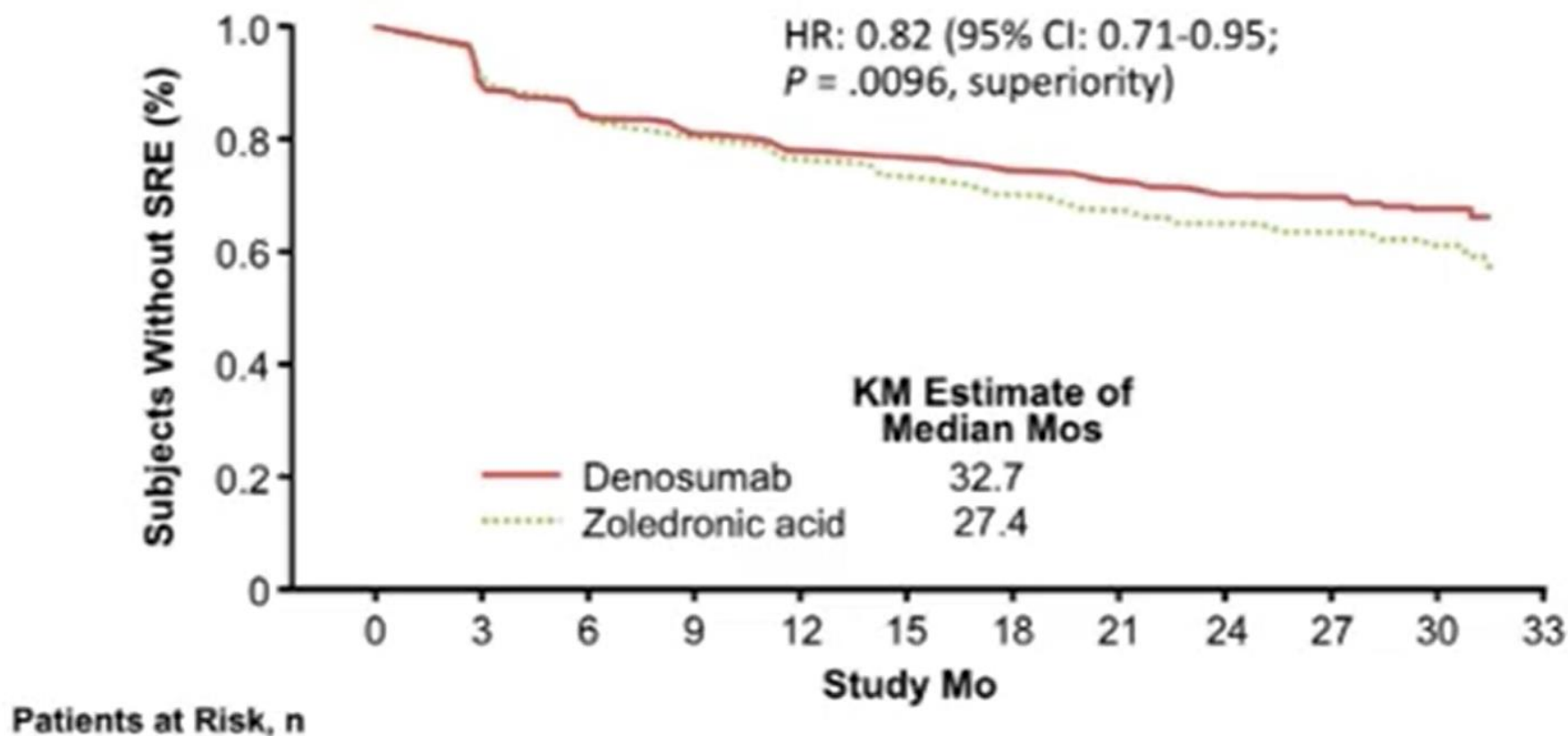


1. Stopeck AT, et al. J Clin Oncol. 2010;28:5132-5139. 2. Fizazi K, et al. Lancet. 2011;377:813-822.  
3. Henry DH, et al. J Clin Oncol. 2011;29:1125-1132.

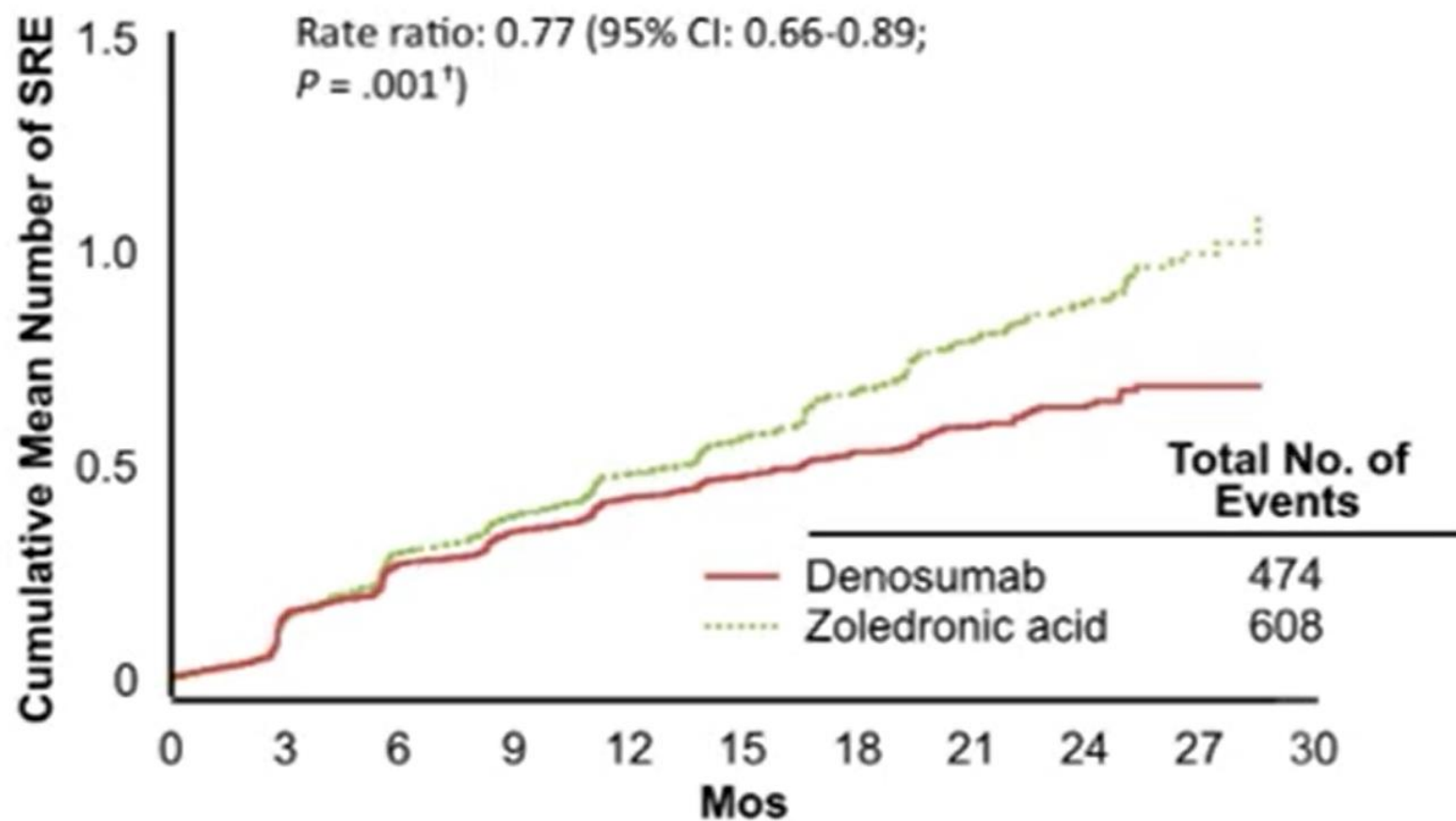
## SRE Rate: Denosumab vs ZA in Breast Cancer Patients With Bone Metastases



## Time to First On-Study SRE: Extended Analysis



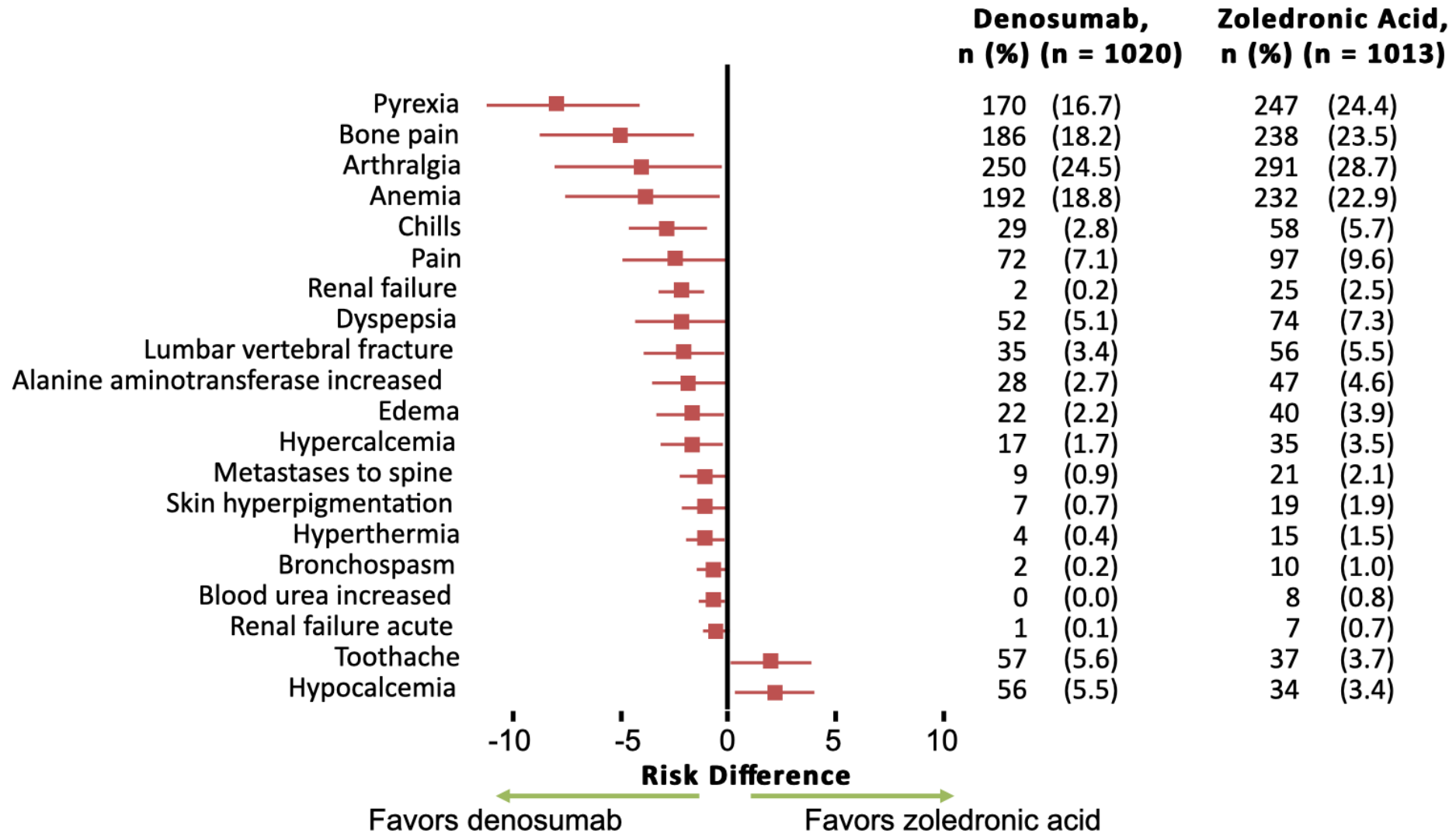
## Time to First and Subsequent On-Study SRE\* (Multiple Event Analysis)



\*Events that occurred at least 21 days apart. †Adjusted for multiplicity.

Stopeck AT, et al. J Clin Oncol. 2010;28:5132-5139.

# Between-Group Differences in AEs With Unadjusted $P < .05$



# Adverse Events: From Extended Analysis

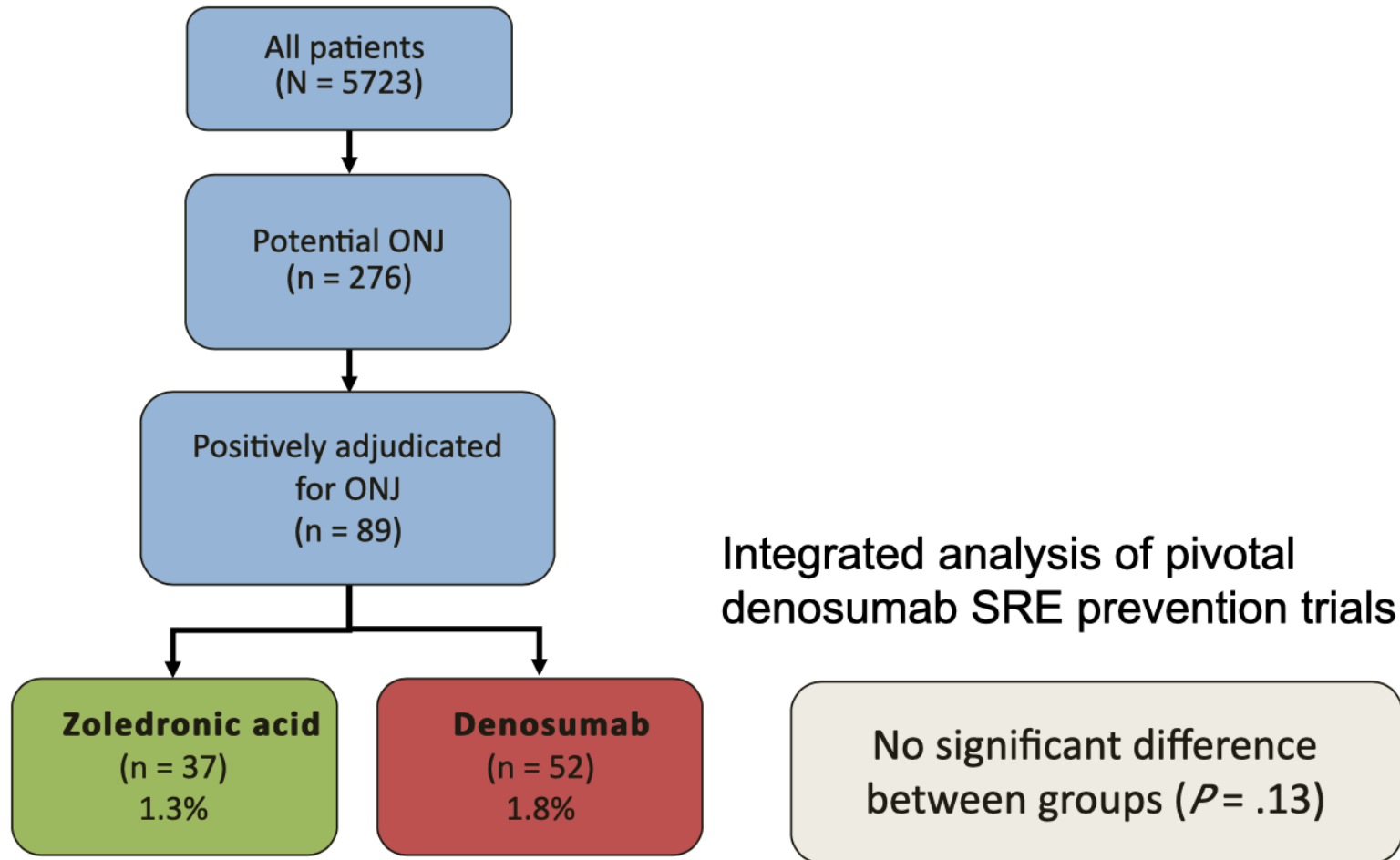
Event, n (%)	Zoledronic Acid (n = 1013)	Denosumab (n = 1020)
All adverse events	987 (97.4)	961 (96.2)
Serious adverse events	509 (50.2)	489 (47.9)
Adverse events related to renal toxicity	95 (9.4)	55 (5.4)
Osteonecrosis of the jaw*	18 (1.8)	26 (2.5)
Hypocalcemia (any)	37 (3.7)	62 (6.1)
▪ Hypocalcemia of grade 3 or 4 <sup>†</sup>	12 (1.2)	18 (1.8)
Acute-phase reactions <sup>‡</sup>	286 (28.2)	109 (10.7)

\* $P = .2861$

<sup>†</sup>No cases of hypocalcemia were grade 5 (fatal).

<sup>‡</sup>In the first 3 days after initial treatment.

# ONJ Associated With Bone-Targeted Therapy in Patients With Bone Metastases





# Associated Oral Events

<b>n (%)</b>	<b>Zoledronic Acid (n = 37)</b>	<b>Denosumab (n = 52)</b>	<b>All (N = 89)</b>
Tooth extraction	24 (65)	30 (58)	<b>54 (61)</b>
Jaw pain	25 (68)	46 (88)	<b>71 (80)</b>
Local infection	17 (46)	26 (50)	<b>43 (48)</b>

## Location of ONJ

<b>n (%)</b>	<b>Zoledronic Acid (n = 37)</b>	<b>Denosumab (n = 52)</b>	<b>All (N = 89)</b>
Mandible	31 (84)	34 (65)	<b>65 (73)</b>
Maxilla	5 (14)	15 (29)	<b>20 (22)</b>
Both	1 (3)	3 (6)	<b>4 (4)</b>

# Systemic Risk Factors

n (%)	Subjects With ONJ			Subjects Without ONJ		
	ZA (n = 37)	Denosumab (n = 52)	All (N = 89)	ZA (n = 2824)	Denosumab (n = 2810)	All (N = 5634)
Diabetes	11 (30)	9 (17)	<b>20 (22)</b>	431 (15)	443 (16)	<b>874 (16)</b>
Anemia (Hb <10)	17 (46)	23 (44)	<b>40 (45)</b>	1185 (42)	1119 (40)	<b>2304 (41)</b>
Chemotherapy agents	27 (73)	36 (69)	<b>63 (71)</b>	1950 (69)	1921 (68)	<b>3871 (69)</b>
Antiangiogenics	8 (22)	6 (12)	<b>14 (16)</b>	236 (8)	214 (8)	<b>450 (8)</b>
Corticosteroids	28 (76)	39 (75)	<b>67 (75)</b>	1786 (63)	1762 (63)	<b>3548 (63)</b>

# Preventing and Managing ONJ

Risk factors	<ul style="list-style-type: none"><li>▪ Invasive dental procedures</li><li>▪ Poor oral hygiene or pre-existing dental disease</li><li>▪ Advanced malignancies, infections, concomitant therapies</li></ul>
Before bone-targeted treatment	<ul style="list-style-type: none"><li>▪ Consider dental examination and preventive dentistry in patients with active dental/jaw conditions</li></ul>
During treatment	<ul style="list-style-type: none"><li>▪ Avoid invasive dental procedures</li><li>▪ Maintain good oral hygiene</li></ul>
Suspected cases	<ul style="list-style-type: none"><li>▪ Refer to dentist or oral surgeon</li><li>▪ Extensive dental surgery may exacerbate</li></ul>

# Incidence of Hypocalcemia in the 3 Pivotal Phase III Trials

Hypocalcemia Events, n (%)	Denosumab (n =2841)	Zoledronic Acid (n =2836)
Hypocalcemia	273 (9.6)	141 (5.0)
IV calcium Rx	104 (3.7)	47 (1.7)
SAE of hypocalcemia	41 (1.4)	18 (0.6)
▪ Grade 3*	72 (2.5)	33 (1.2)
▪ Grade 4*	16 (0.6)	5 (0.2)

\*CTCAE grading, grade 3 < 7 mg/dL, grade 4 < 6 mg/dL;

***No fatal events of hypocalcemia were reported***

Body JJ, et al. Presentation from the 12<sup>th</sup> International Conference on Cancer-Induced Bone Disease, November 15-17, 2012, Lyon, France.

# Hypocalcemia in Relation to Calcium/Vit D Supplementation With Denosumab

	Patients, n	Incidence of Hypocalcemia,* n (%)
Reported supplements	2461	213 (8.7)
Did not report supplements	380	60 (15.8)

\*All AEs of hypocalcemia.

- Median time to hypocalcemia was 2.8 mos
- Most common in the first 6 mos of initiation of denosumab therapy

# Hypocalcemia in Relation to Tumor Type With Denosumab Treatment

Primary Tumor Type, n (%)	PatientsWith Hypocalcemia
Multiple myeloma (N = 86)	12 (14.0)
Prostate (N = 943)	121 (12.8)
Other solid tumors (N = 386)	48 (12.4)
Lung (N = 406)	35 (8.6)
Breast (N = 1020)	57 (5.6)

Body JJ, et al. Presentation from the 12<sup>th</sup> International Conference on Cancer-Induced Bone Disease, November 15-17, 2012, Lyon, France.

**Question: What is the Maximum Time You  
Provide Bone-Modifying Therapy**



# Guidelines and Duration of Bone-Targeted Therapy

**ESMO<sup>[1]</sup>**

“The timing and optimal duration of bisphosphonate treatment are unknown; benefit of duration beyond 2 yrs has not been demonstrated . . . Long-term treatment seems wise due to ongoing risk of skeletal events”

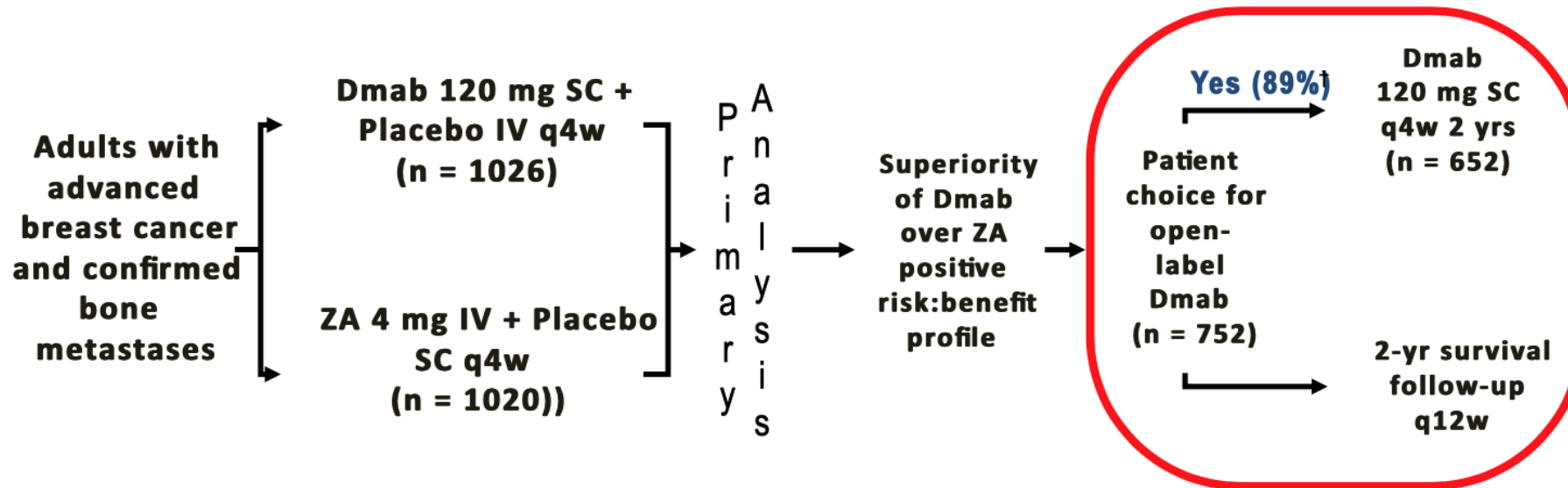
**NCCN<sup>[2]</sup>**

“Optimal schedule and duration are unknown . . . Limited long-term safety data indicating bisphosphonate treatment can continue beyond 2 yrs”

**ASCO<sup>[3]</sup>**

“Until evidence of substantial decline (clinical judgment) in general performance status”

# 2-Yr Open-Label Extension Phase



Among patients previously receiving denosumab or zoledronic acid, 89% in each treatment group chose to receive open-label denosumab

Cumulative median exposure to denosumab for the entire study (including blinded and open-label treatment phases) was 19.1 mos (range: 0.1-59.8 mos, ie, ~ 5 yrs)

- 216 patients received denosumab for  $\geq 3$  yrs
- 76 patients received denosumab for  $\geq 4$  yrs

# AEs During Open-Label Treatment Phase

Event,n (%)	Dmab/Dmab (n = 318)	ZA/Dmab (n = 334)
All AEs	283 (89)	303 (91)
Serious AEs	126 (40)	133 (40)
ONJ	20 (6)	18 (5)
Hypocalcemia	12 (4)	9 (3)
Hypocalcemia, grade 3 or 4	4 (1)	3 (1)

- No new safety signals were observed with up to ~ 5 yrs of monthly denosumab therapy
- Incidence and pattern of AEs in patients who switched from zoledronic acid to denosumab were similar to those observed in pts who continued with denosumab
- Cumulative incidence of positively adjudicated ONJ was 4.7% for denosumab/denosumab pts when administered for up to ~ 5 yrs and 3.5% for pts who switched from zoledronic acid to denosumab
- No neutralizing anti-denosumab antibodies were detected in either group

BTA Optimal Interval

# ZOOM: A Prospective, Randomized Trial of Zoledronic Acid for Long-term Treatment in Patients With Bone-Metastatic Breast Cancer After 1 Year of Standard Zoledronic Acid Treatment

D. Amadori, M. Aglietta, B. Alessi, L. Gianni,  
T. Ibrahim, G. Farina, F. Gaion, F. Bertoldo,  
D. Santini, R. Rondena, P. Bogani, C. Ripamonti  
*On behalf of ZOOM Investigators*

Ripamonti C, et al. ASCO 2012 (Abstract 9005)



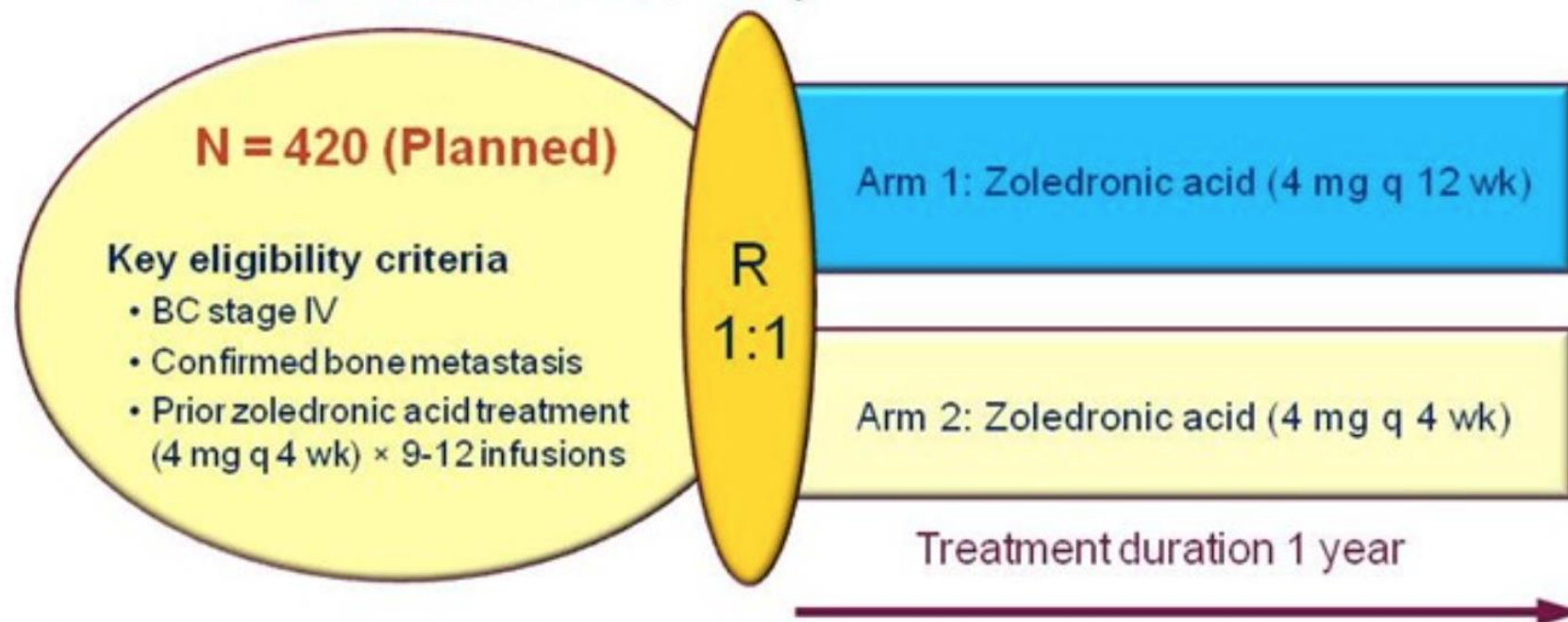


# ZOOM Study Design

## Endpoints:

**Primary:** Skeletal morbidity rate (SMR)

**Secondary:** Proportion of patients experiencing SREs (overall and by event), time to first SRE, SMR by event, bone pain, use of analgesics, bone marker levels, safety



**Accrual:** February 2006 - February 2010

# Primary Efficacy Analysis—SMR

	ZOL q 12 wk (Arm 1)	ZOL q 4 wk (Arm 2)
N (ITT population)	209	216
Mean SMR (95% CI)	0.26 (0.15, 0.37)	0.22 (0.14, 0.29)
95% CI	-0.09 to 0.17	

The upper limit of the CI ( 0.17) was less than the recalculated non-inferiority margin of 0.19.  
This result indicates that the efficacy of the q 12 wk arm was not inferior to the q 4 wk arm.

\*95% CI of LS mean difference was -0.09, +0.17.

Abbreviations: CI, confidence interval; ITT, intent to treat; LS, least squares; q, every;  
SMR, skeletal morbidity rate; ZOL, zoledronic acid.



# ZOOM: Summary

- ZOOM is the first trial to compare quarterly vs monthly ZOL in BC patients after ~1 y of standard ZOL therapy
- Primary endpoint of SMR was met: q 12 wk ZOL was non-inferior to q 4 wk ZOL
- Safety profiles of the 2 treatment schedules were similar
  - No meaningful differences in renal AEs or ONJ event rates
- Exploratory analyses of median NTX levels showed an increase from baseline in the q 12 wk arm, but almost no change in the q 4 wk arm

# Management Summary

- Patients with bone metastases from breast cancer should be offered therapy with a bone modifying agent in the absence of contraindications
- BMA should be used as an adjunct to systemic therapy for the underlying malignancy
- Appropriate bone modifying agents include subcutaneous denosumab, IV pamidronate, and IV zoledronic acid
- For patients receiving a bisphosphonate, creatinine clearance must be monitored and dose adjustments should be made as necessary
- The use of calcium and vitamin D supplements should be explored in patients receiving bone modifying agents particularly with denosumab use
- Routine dental care should be performed prior to initiation of a bone modifying agent
- Continuation of the bone modifying agent for up to 2 years is certainly acceptable though the optimal duration of therapy remains unclear

# Conclusions

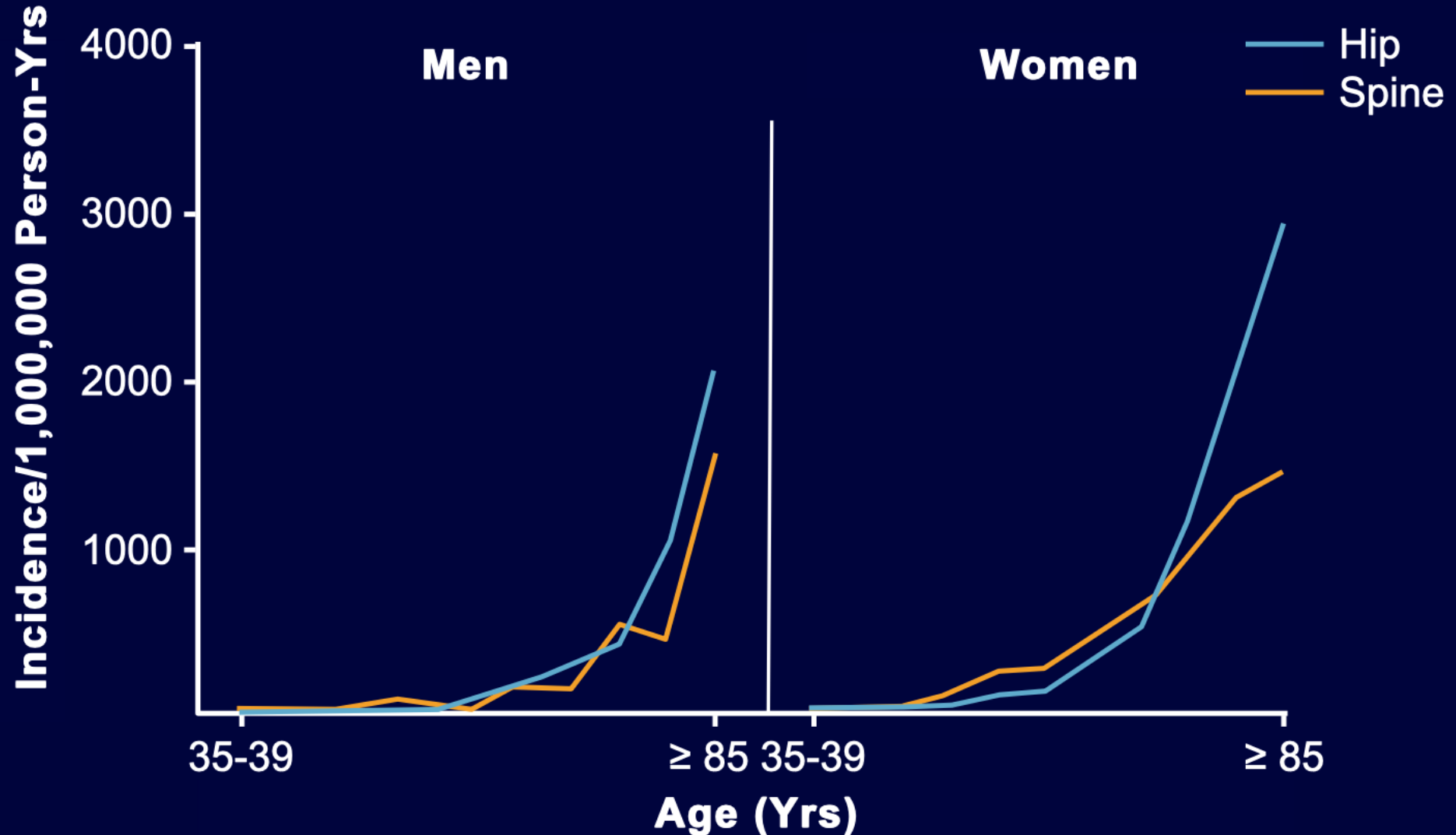
- Bisphosphonates and denosumab are both effective at
  - Preventing SREs and HCM
  - Palliating pain from bone mets
  - Preventing the development of pain
- 2 distinct choices
  - Different toxicity profiles
    - Zoledronic acid: flulike symptoms, fevers, bone pains, renal toxicity
    - Denosumab: hypocalcemia
  - Subcutaneous vs intravenous administration



# Prostate cancer

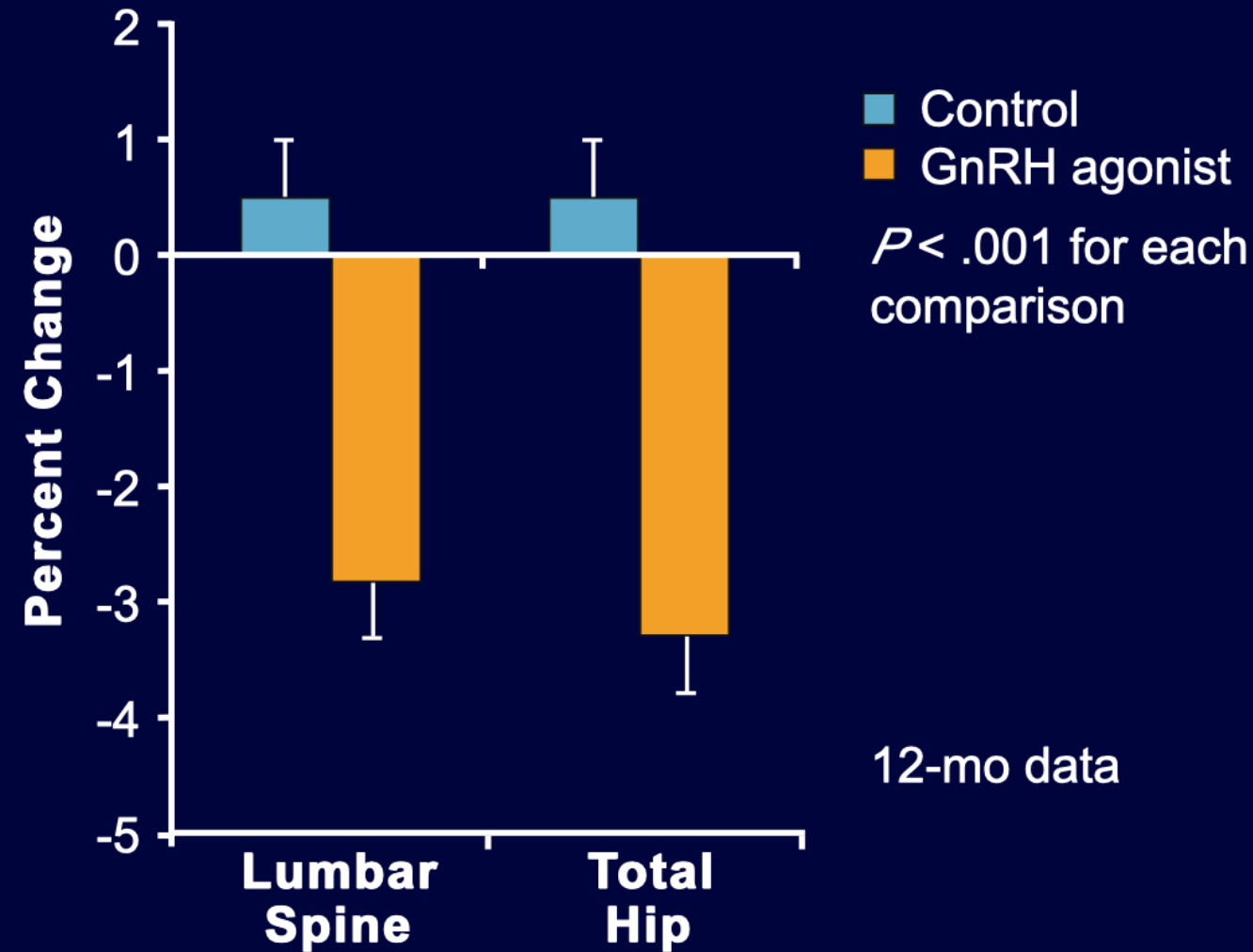
- Fracture Prevention in Early-stage Prostate Cancer
- Treatment of Bone Metastasis Secondary to Castration-Resistant Prostate Cancer
- Treatment of Bone Metastasis Secondary to Hormone-Sensitive Prostate Cancer

# Fracture Risk by Sex and Age

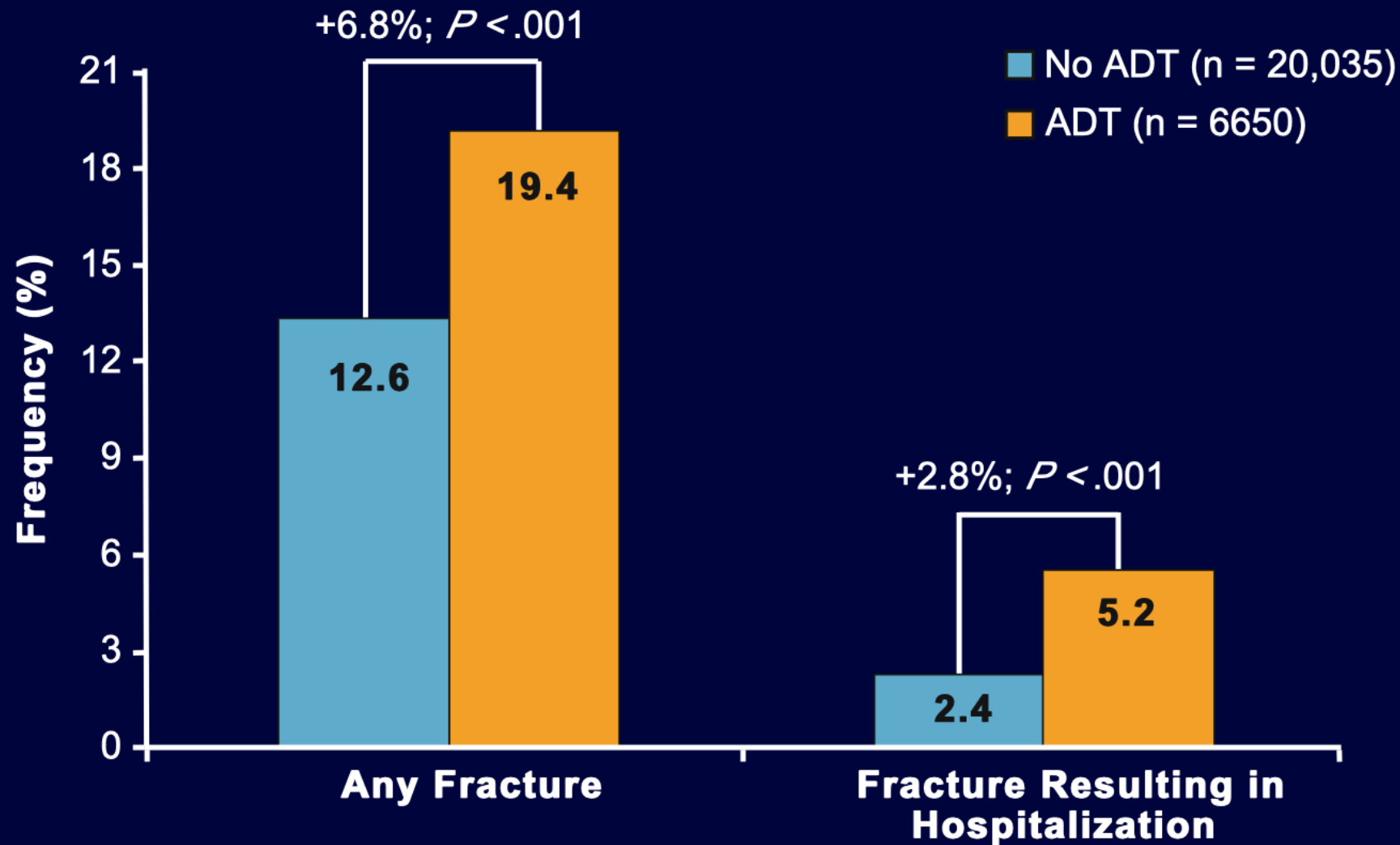


Melton LJ 3rd, et al. J Bone Miner Res. 1992;7:1005-1010.

# GnRH Agonists Decrease BMD in Men With Prostate Cancer



# Proportion of Patients With Fractures 1-5 Yrs After Cancer Diagnosis





# National Osteoporosis Foundation Fracture Prevention Guidelines for Men

- Consider FDA-approved medical therapies based on the following
  - A vertebral or hip fracture
  - Femoral neck or spine T-score  $\leq -2.5$
  - FRAX 10-yr probability of a hip fracture  $\geq 3\%$  or 10-yr probability of any major fracture  $\geq 20\%$

**Calculation Tool**

Please answer the questions below to calculate the ten year probability of fracture with BMD.

Country: **US (Caucasian)** Name/ID:  [About the risk factors](#) ⓘ

**Questionnaire:**

1. Age (between 40-90 years) or Date of birth  
Age:  Y:  M:  D:

2. Sex ☐ Male ☐ Female

3. Weight (kg)

4. Height (cm)

5. Previous fracture ☒ No ☐ Yes

6. Parent fractured hip ☒ No ☐ Yes

7. Current smoking ☒ No ☐ Yes

8. Glucocorticoids ☒ No ☐ Yes

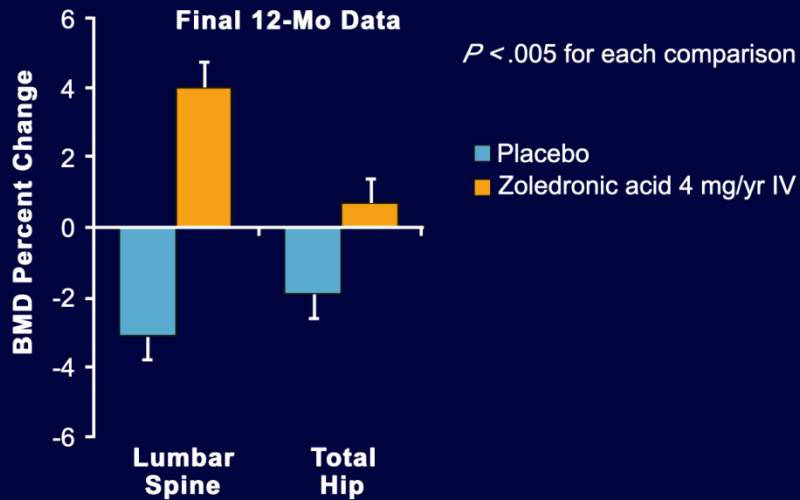
9. Rheumatoid arthritis ☒ No ☐ Yes

10. Secondary osteoporosis ☒ No ☐ Yes

11. Alcohol 3 or more units per day ☒ No ☐ Yes

12. Femoral neck BMD (g/cm<sup>2</sup>)  
Select DXA

## Annual Zoledronic Acid Increases BMD During GnRH Agonist Therapy



Michaelson MD, et al. J Clin Oncol. 2007;25:1038-1042.

## Denosumab Fracture Prevention Study

Current androgen deprivation therapy for prostate cancer patients older than 70 yrs of age or with T score < -1.0 (N = 1468)

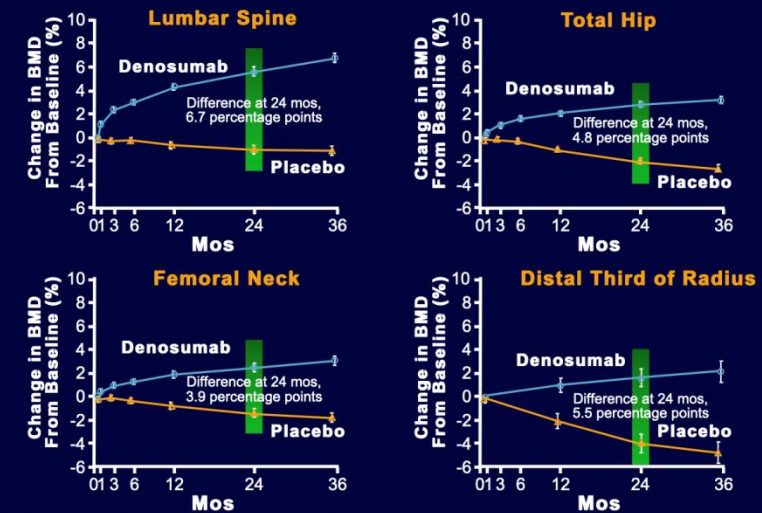
**Denosumab q6m for 3 yrs**

**Placebo q6m for 3 yrs**

- Primary endpoints: bone mineral density, new vertebral fractures

Smith MR, et al. N Engl J Med. 2009;361:745-755.

## Denosumab Increased BMD at All Skeletal Sites



Smith MR, et al. N Engl J Med. 2009;361:745-755.

# Zoledronic Acid in Castration-Resistant Prostate Cancer

## Eligibility Criteria

- Patients with prostate cancer
- Castration resistant
- Bone metastases (N = 643)

R  
A  
N  
D  
O  
M  
I  
Z  
E  
D

**Zoledronic acid** 4 mg q3w  
(n = 214)

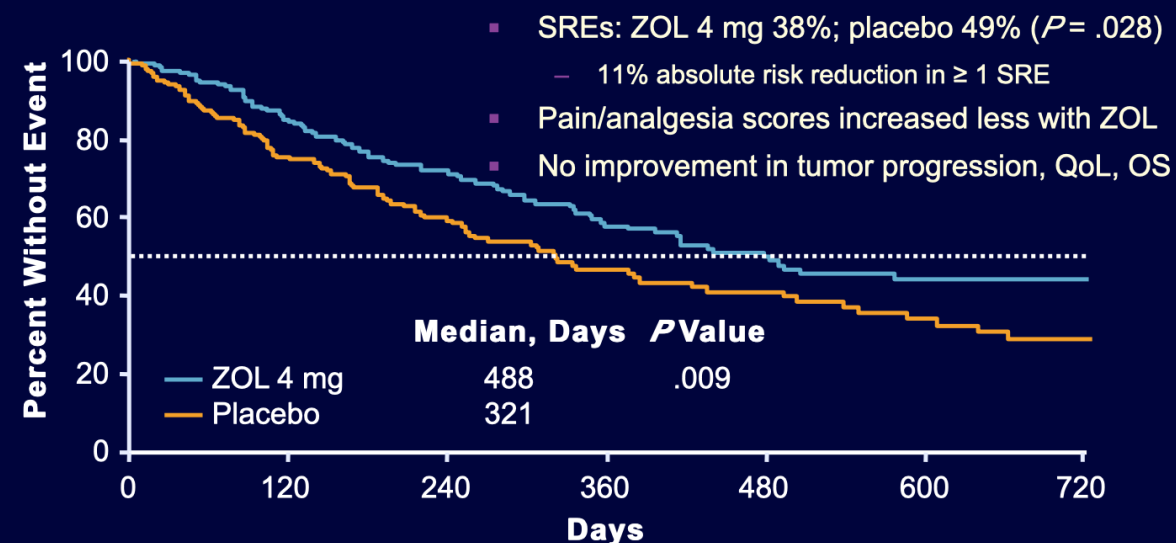
**Zoledronic acid** 8 mg q3w  
(initially 8 mg)  
(n = 221)

**Placebo** q3w  
(n = 208)

- Patients in 8-mg arm reduced to 4 mg because of renal toxicity
- Primary outcome: proportion of patients having  $\geq 1$  SRE
- Secondary outcomes: time to first on-study SRE, proportion of patients with SREs, and time to disease progression

Saad F, et al. J Natl Cancer Inst. 2002;94:1458-1468.

## Time to First SRE: Zoledronic Acid vs Placebo

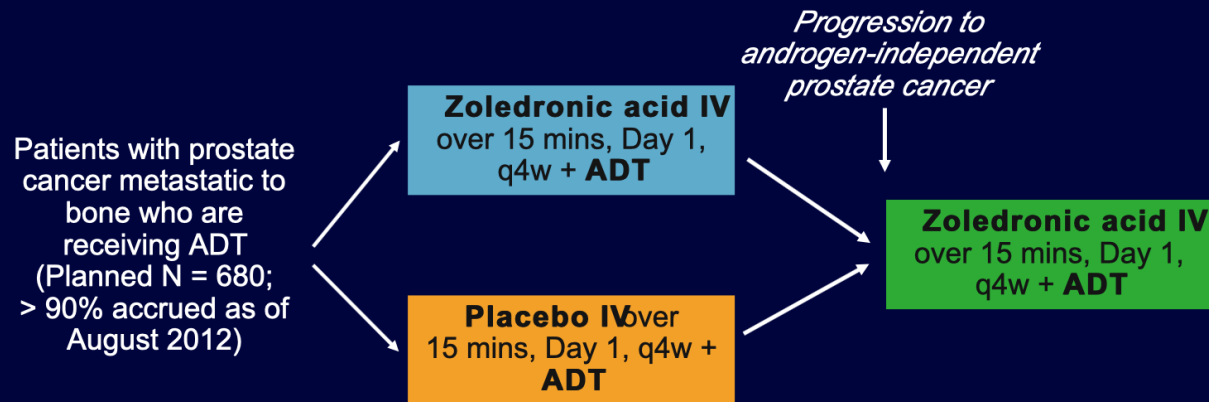


<b>ZOL 4 mg</b>	214	149	97	70	47	35	3
<b>Placebo</b>	208	128	78	44	32	20	3

Saad F, et al. J Natl Cancer Inst. 2002;94:1458-1468. Saad F, et al. ASCO 2003. Abstract 1523. Saad F, et al. J Natl Cancer Inst. 2004;96:879-882.

# Biphosphonate in HSPC is not recommended

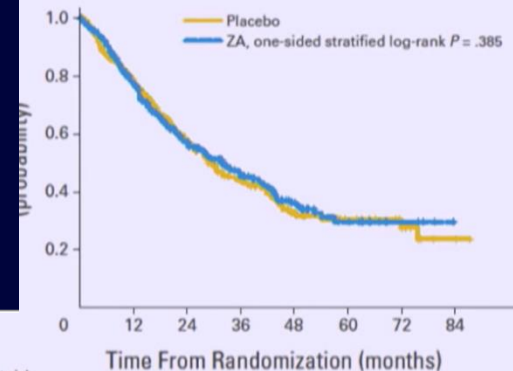
## CALGB 90202: Zoledronic Acid in Hormone-Sensitive PC With Bone Mets



- Currently, there is no proven role for zoledronic acid in this setting
- Primary endpoint: time to first SRE
- Secondary endpoints: OS, PFS, toxicity

ClinicalTrials.gov. NCT00079001.

CALGB (Alliance) Cooperative Group Study 90202

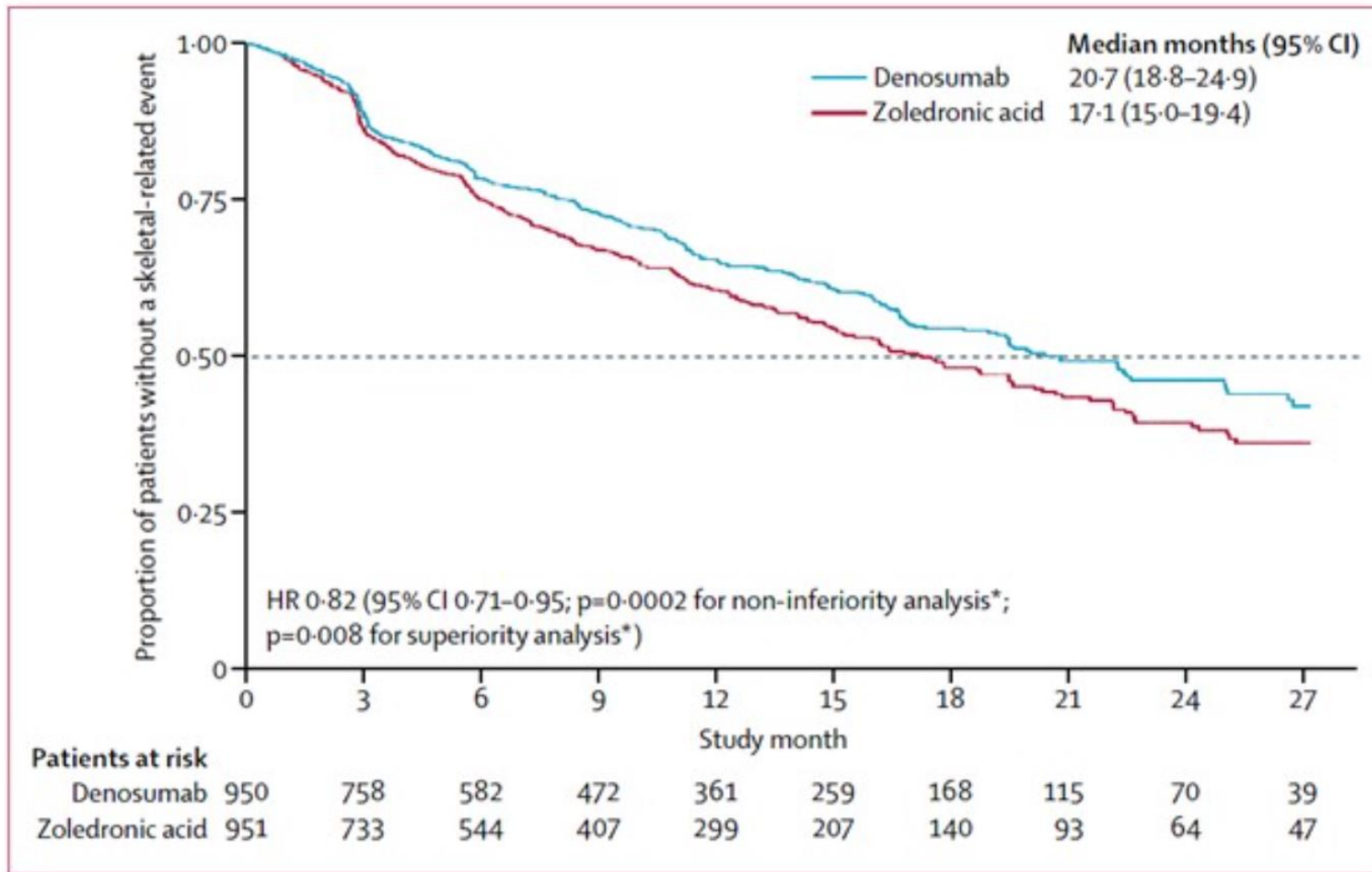


- Routine use of bone modifying agent in hormone-sensitive setting not indicated (in absence of osteoporosis)
- Possible exceptions
  - Lytic predominant metastases
  - Impending fracture (cortical thinning)

**Denosumab versus zoledronic acid for treatment of bone metastases in men with castration-resistant prostate cancer: a randomised, double-blind study**

- **1904 men with metastatic CRPC were randomized to receive denosumab (human monoclonal antibody against RANKL) or zoledronic acid**
- **The primary endpoint was time to first on-study SRE (pathological fracture, radiation therapy, surgery to bone, or spinal cord compression), and was assessed for non-inferiority**
- **The same outcome was further assessed for superiority as a secondary endpoint**

Fizazi K, et al. Lancet. 2011  
377:813-22

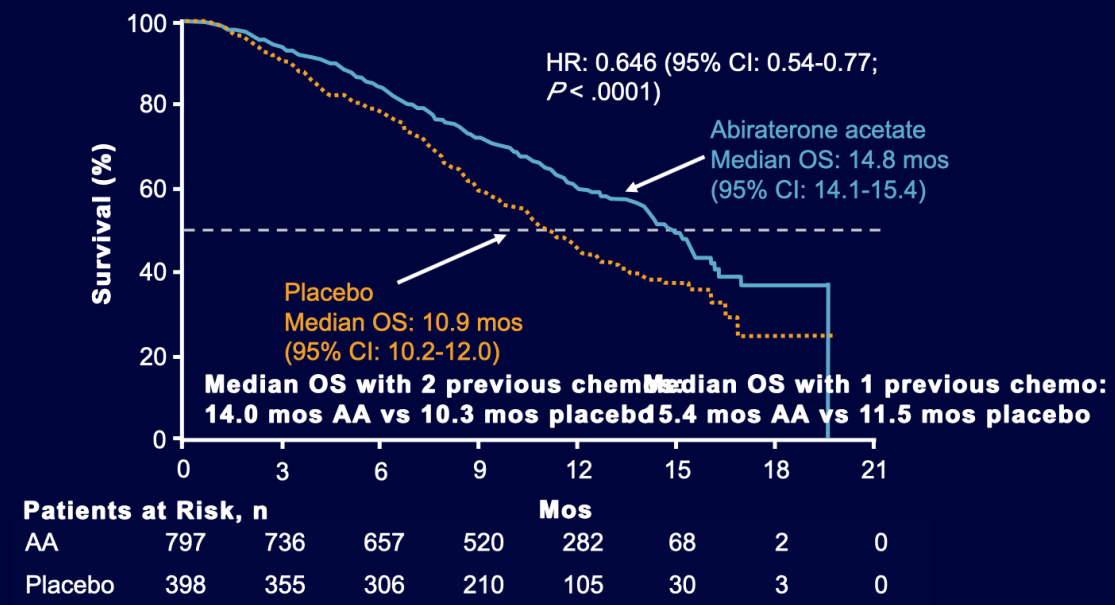


**Figure 2: Kaplan-Meier estimates of time to first on-study skeletal-related event**

Patients were assessed from baseline to the primary analysis cutoff date. HR=hazard ratio. \*p values were adjusted for multiplicity.



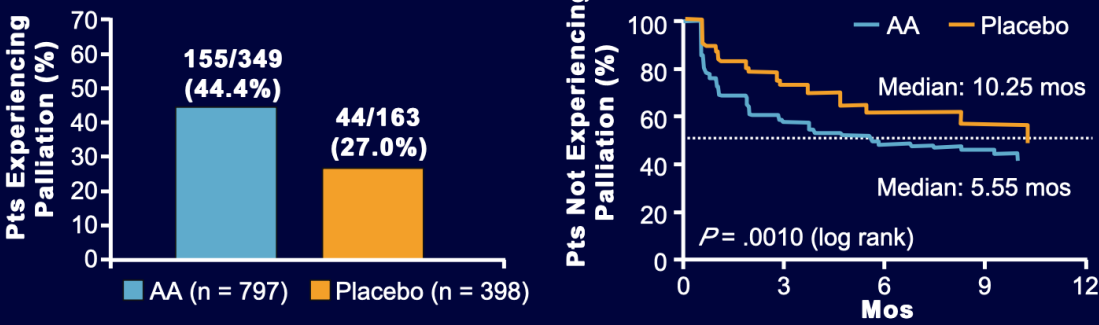
# COU-AA-301: Abiraterone Acetate Improves OS in Metastatic CRPC



de Bono J, et al. N Engl J Med. 2011;364:1995-2005.

## COU-AA-301: Effect of Abiraterone Acetate on Pain Palliation and SREs

Nearly one half of COU-AA-301 patients report significant pain at baseline



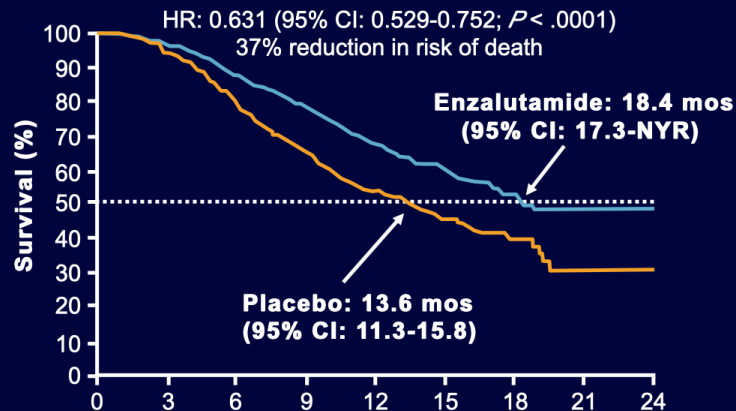
Efficacy Measure	Abiraterone (n = 797)	Placebo (n = 398)	P Value
Median OS, mos	14.8	10.9	< .0001
Median radiographic PFS, mos	5.6	3.6	< .0001
Time to first SRE* (25th percentile), days	301	150	< .0001

Logothetis C, et al. ASCO 2011. Abstract 4520.



# Phase III AFFIRM Trial of Enzalutamide (MDV3100) in Post-Docetaxel CRPC: OS

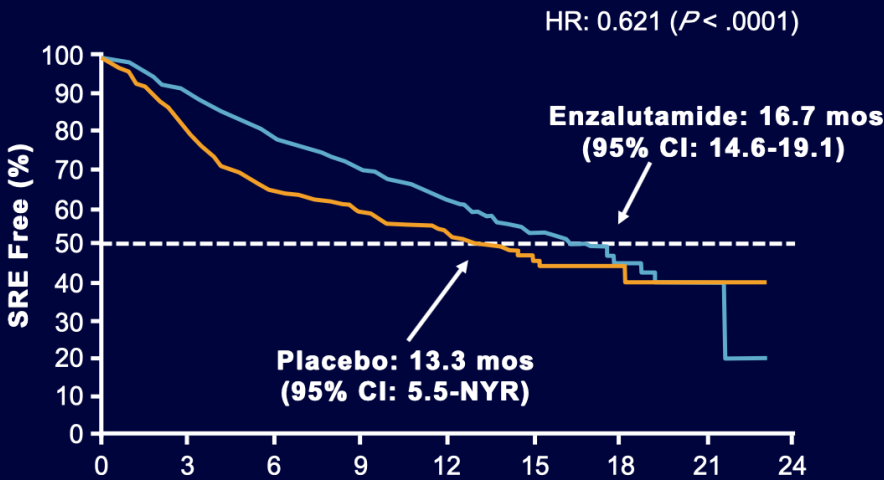
- OS improved with enzalutamide vs placebo
- Median follow-up: 14.4 mos



Pts at Risk, n		Duration of OS (Mos)								
MDV3100	800	775	701	627	400	211	72	7	0	
Placebo	399	376	317	263	167	81	33	3	0	

Scher HI, et al. ASCO GU 2012. Abstract LBA1.

# AFFIRM Trial of Enzalutamide in Post-Docetaxel CRPC: Time to First SRE



Pts at Risk, n		Time to Event (Mos)								
Enzalutamide	800	676	548	379	209	87	19	2	0	
Placebo	399	278	196	128	68	33	11	0	0	

De Bono JS, et al. ASCO 2012. Abstract 4519^.

Treatment	Indication	Typical administration
<b>Treatment of bone metastases and myeloma bone disease</b>		
Denosumab <sup>a,b</sup>	All solid tumours	120 mg s.c. every 4 weeks
Zoledronate <sup>a,b</sup>	All solid tumours and MM	4 mg i.v. every 3–4 weeks
Pamidronate <sup>a,b</sup>	Breast cancer and MM	90 mg i.v. every 3–4 weeks
Clodronate <sup>a</sup>	Osteolytic lesions	1600 mg p.o./day
Ibandronate <sup>a</sup>	Breast cancer	50 mg p.o./day 6 mg i.v./month

a EMA-approved.

b FDA-approved.

ESMO Clinical Practice Guidelines

<b>Prevention of treatment induced bone loss</b>		
Denosumab <sup>a,b</sup>	Prostate cancer on ADT	60 mg s.c. 6-monthly
Denosumab <sup>b</sup>	Breast cancer	60 mg s.c. 6-monthly
Zoledronate	Breast cancer <sup>c</sup>	4 mg i.v. 6-monthly
	Prostate cancer on ADT <sup>c</sup>	5 mg i.v. 12-monthly
Alendronate	Breast cancer <sup>c</sup>	70 mg p.o./week
	Prostate cancer on ADT <sup>c</sup>	
Risedronate	Breast cancer <sup>c</sup>	35 mg p.o./week
	Prostate cancer on ADT <sup>c</sup>	
Ibandronate	Breast cancer <sup>c</sup>	150 mg p.o./month
	Prostate cancer on ADT <sup>c</sup>	

a EMA-approved.

b FDA-approved.

c Not approved by regulatory agencies but recommended by international guidelines

ESMO Clinical Practice Guidelines